



# What's Happening in December



Quincy/Braintree Family Network offers programs to families **free** of charge.

**NEW: Baby Time: Learning Links, 1511 Hancock Street, Quincy Center**

Is your hectic schedule pulling you in all directions? Take a break and join us at Baby Time.

Parents and their babies, newborn up to 8 months will spend some special one on one time.

This 3 week group includes baby massage, nutrition tips for you and baby and what to expect as your child develops. Held on **Monday December 5<sup>th</sup>, 12<sup>th</sup>, and 19<sup>th</sup> from 1:00-2:30 p.m.**

Registration required by contacting Joan at [jrodeck@qcap.org](mailto:jrodeck@qcap.org) or 617-657-5369.

**Big Ryan's Tall Tales: Learning Links, 1511 Hancock Street, Quincy Center**

Looking for an enjoyable way to end the week? Then join us in welcoming Big Ryan as he spins his original tall tales of fun. Ryan's energetic and humorous manner makes it entertaining for everyone. For children

ages 4-7 accompanied by an adult. **Friday, December 9th at 3:15 p.m.**

Please register with Joan at [jrodeck@qcap.org](mailto:jrodeck@qcap.org) or 617-657-5369.

**NEW: Straight Up Learning Links, 1511 Hancock St., Quincy Center**

Dr. Gabrielle Freedman licensed chiropractor loves to spread the word on ways to keep ourselves and our kids healthy. Dr. Gabrielle will get us up and moving with fun exercises, games, and tips on healthy eating.

**Wednesday, December 14th from 3:15-4:15 p.m.** *Don't miss out on this great opportunity.* In order to ensure

that each child goes home with a goody bag, please let us know if you will be attending by contacting Joan at [jrodeck@qcap.org](mailto:jrodeck@qcap.org) or 617-657-5369. For children ages 4-7 accompanied by an adult.

**Tuesday Morning Drop-In: Learning Links 1511 Hancock St., Quincy Center**

Drop-in on Tuesday mornings for some time playing and socializing. Age appropriate toys, computer games and more. No registration. **Tuesdays December 6th, 13th, 20th from 10:00-11:15 a.m..**

For children ages 3-5, accompanied by an adult. Light snack provided.

**Wednesday Afternoon Drop-In: Learning Links 1511 Hancock St., Quincy Center**

Looking for something to do after school? Meet at Learning Links for games, simple art activities, and hanging-out with friends. For children ages 4-7 accompanied by an adult.


No registration. **December 7th, 14th, 21st from 3:00-4:15 p.m..**

Light snack provided.

**Toddler Gym: Fore River Clubhouse, 16 Nevada Rd. Quincy**

**Drop-in, active playgroup** where kids can run, jump, and ride. Equipment includes trikes, balance beam, slides and more. Kids can take a break with simple art activities and puzzles. **Thursdays from 10:00-11:00 a.m..**

Appropriate for children aged 3.6 years old and younger.



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