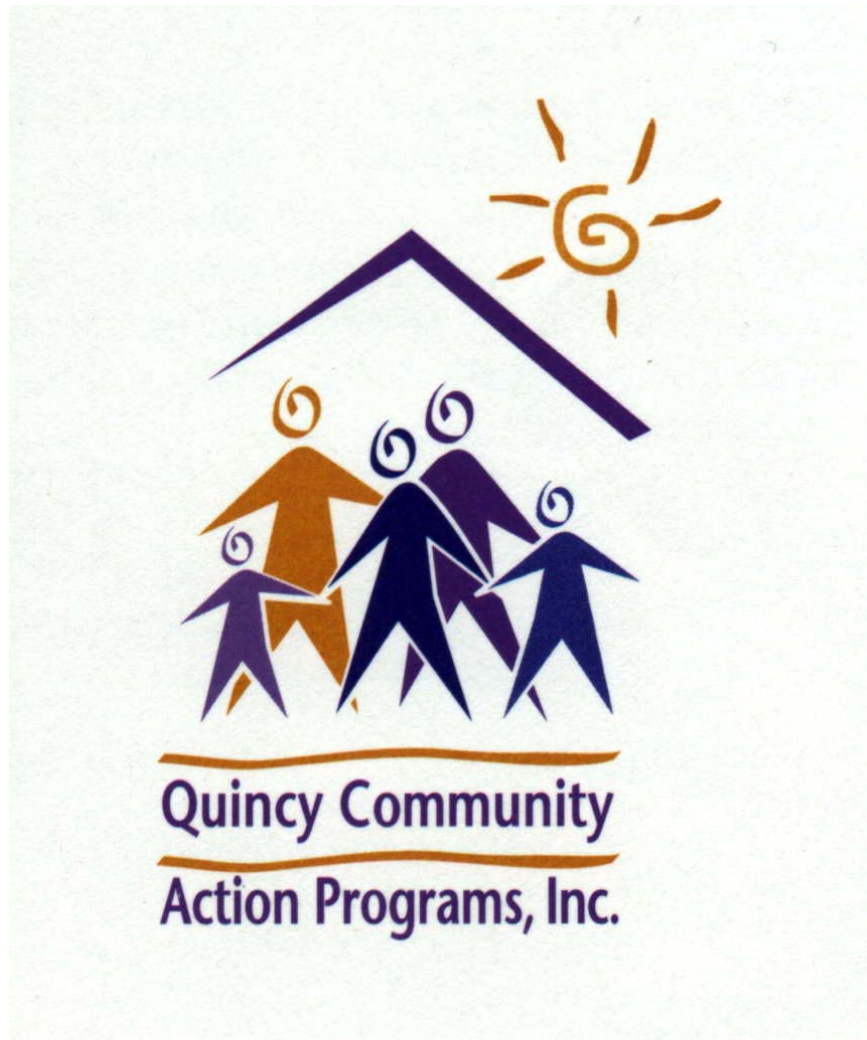


Family Resource Directory

2010-2011



Head Start & Early Head Start

Serving the Communities of Braintree, Hull, Milton, Quincy, and Weymouth

September 2010

Dear QCAP Head Start Families,

We are pleased to offer you this updated resource directory as a crucial part of your orientation into our program. As part of our work at Quincy Community Action Programs, Inc. we advocate for needed resources for families and their children. We hope that this directory will provide helpful information about services that are available within, or close to, your community. Feel free to contact the agencies directly for a complete description of their services. We cannot recommend a specific program or agency, but hope that this information will guide you to identify the services that best suit your needs.

If you have additional questions or are in need of further advocacy, your Family Service Worker or Family Resource Specialist is available to help you find and/or access services. If you have suggestions about additional resources that you think would be helpful to include in the future, please contact the main office. If you use one of the resources listed in this directory, we would love to know if you were pleased with the services you received. You may share any feedback on the Family Feedback Survey, located at the end of this directory. This information will help us to advocate for more effective and responsive services on behalf of families.

WELCOME TO HEAD START!

Our Nationally Accredited (NAEYC) Head Start program has received a Federal Certificate of Excellence and has been selected as a Massachusetts Universal Pre-Kindergarten (UPK) program.

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QUINCY COMMUNITY ACTION PROGRAMS, INC.

**1509 Hancock St.
Quincy, MA 02169
617-479-8181
Fax: 617-479-7228
www.qcap.org**

Adult Basic Education Program (ABE)

1509 Hancock St. Floor 4
Quincy, MA 02169
617-479-8181 ext. 387

Adult Basic Education and English for Speakers of Other Languages classes offered at two sites in Quincy. Curriculum includes basic literacy to GED preparation and four levels of English-Language Instruction from beginner to advanced. Services are free and available to any adult, age 18 and older. No income or geographic restrictions apply.

Financial Literacy and Individual Development Account Programs ext. 308

Comprehensive financial education delivered in two, 7 week sessions that teaches participants the basics of sound personal financial management.

Volunteer Income Tax Assistance (VITA) Program ext .304

Free tax counseling, tax return preparation and free e-filing for low-income taxpayers of all ages.

Child Care Resource Center

130 Bishop Allen Dr.
Cambridge, MA. 02139
617 547- 1063

Satellite Office - Quincy YMCA

M-F, 9-5 79 Coddington St.
Quincy, MA. 02169

Child Care Resource Center provides resource and referral information to assist families of all income levels to find quality childcare and referrals to other social service agencies. They manage scholarships and childcare subsidies and assist working families who meet income guidelines or families transitioning from welfare to obtain child care vouchers.

Emergency Food Center

Southwest Community Center
1 Copeland Street
Quincy, MA 02169
617-471-0796
Fax # 617-471-4239

Households can get monthly food orders containing fresh, frozen and non-perishable food, holiday food orders, and diapers, formula, and toiletries when available. New and gently used clothing for adults and children, and small household items. Help applying for food stamps. Hours of operation M-F, 9:00-4:30.

Energy Program

1509 Hancock St. Floor 3
Quincy, MA 02169
617-479-8181 ext. 301
Fax: 617-471-4239

Income eligible households may receive help with winter heating bills, enroll in utility discount programs, weatherization, heating system repair or replacement for homeowners, and other utility sponsored energy conservation programs.

Housing Program

1509 Hancock St. Floor 3

Quincy, MA 02169

617-479-8181 ext. 319

Fax # 617 479-7228

Offers comprehensive housing services for tenants, landlords, homeowners, and homebuyers. Includes affordable housing development and rental property management, first time homebuyer education and down payment assistance, housing counseling, housing search and stabilization services for homeless and at-risk families, and emergency rent/mortgage assistance.

Learning Links Technology Center

1511 Hancock Street

Quincy, MA 02169

617-479-8181 ext. 383

Fax # 617-657-0096

A free community technology access center for low-income residents of all ages. Offers open access to computers, email and the internet, computer classes, free income tax help and e-filing, food stamp application assistance and other special activities designed to help people build their technology skills so they can find a job, search for housing, access resources and succeed in school. Toddler/preschooler play area.

OCAP HEAD START & EARLY HEAD START

ADMINISTRATIVE OFFICE

1509 Hancock St. Floor 2
Quincy, MA 02169
617-479-8181 ext. 355
Fax # 617-769-9850

Head Start is an early care and education program that services low to moderate-income families with children birth to five years old. The program fosters children's cognitive, physical and social-emotional development and prepares children to enter kindergarten ready to learn. Family support, nutrition, health and parent involvement services are provided. QCAP Head Start is a NAEYC accredited program.

Program Options

For Early Head Start, center-based and home-based program options are available. Toddlers who are fifteen months or older are eligible for full day/full year center-based care at the Germantown Early Childhood Center. Home-based families receive a weekly 90 minute home visit with a Head Start Family Resource Specialist who individualizes activities to the child and family being served. Through a collaboration with the Step One Early Intervention Program our home-based families also participate in socialization experiences at our Germantown Early Childhood Center. We also offer home-based support to pregnant families.

For Head Start, full and part -year programs are available. Full- day programs operate M-F, from 7:15am to 6:00pm. Part-day programs are available M-F, 4 hours a day from September to June. Transportation is provided when possible in some programs.

Service Area: Braintree, Hull, Quincy, Weymouth and Milton.

Cost: Parent fees are charged for some full-day programs, they are determined on a sliding fee scale, based on family income.

Classroom Sites

Braintree High School

128 Town St.
Braintree, MA 02184
781-380-4850
Fax # 781-380-1489

Gould Hall

130 Spring St.
Hull, MA 02045
781-925-3167
Fax # 781-925-9127

Weymouth Base

South Weymouth Naval Air Station
Weymouth, MA 02191
28 Pidgeon Rd
Weymouth, MA 02190
781-331-4880, Fax #781 331-4993

Germantown Early Childhood Center

9 Bicknell St.
Quincy, MA 02169
617-773-1222
Fax # 617-984-2870

The Eldridge Center

46 Lincoln St.
Braintree, MA 02184
781-356-4644
Fax # 781-356-8998

South Shore Day Care

Weymouth Preschool
1320 Commercial St.
781-335-0704
Fax # 781-340-1807

ADULT EDUCATION & LITERACY SERVICES

QCAP's Adult Basic Education Program

617-479-8181 ext. 387

Free Adult education programs including English for Speakers of Other Languages.

Braintree Public Library (Thayer)

798 Washington Street

Braintree, MA 02184

781-848-0405

Eastern Nazarene College

23 East Elm Ave.

Quincy, MA. 02170

617-745-3000

Hull Public Library

9 Main Street

Hull, MA 02045

781-925-2295

Mon, Thur, 2-8 pm

Tue, Fri, 10 am-5 pm

Closed Wed., Sat., Sun., & Holidays

QCAP'S Learning Links Technology Center

1511 Hancock Street

Quincy, MA 02169

617-479-8181 ext. 383

Introduction to the Computer and Microsoft Office classes for new computer users.

Quincy Community College

24 Saville Ave.

Quincy, MA 02169

617-984-1600

Quincy Public Library

Thomas Crane

40 Washington Street

Quincy, MA 02169

Main Desk 617-376-1301

Literacy Dept. 617-376-1314

Adams Shore Branch

519 Sea Street

Quincy, MA 02169

617-376-1325

North Quincy Branch

381 Hancock Street

Quincy, MA 02171

617-376-1320

Wollaston Branch

41 Beale Street

Quincy, MA 02171

617-376-1330

Massasoit Community College

1 Massasoit Blvd.

Brockton, MA 02302

508-588-9100

900 Randolph Street

Canton, MA 02021

781-821-2222

Literacy Volunteers of America

8 Faneuil Hall Mkt Place

3rd Fl.

Boston, MA 02109

888-466-1313

Provides mentors for adult learners

Literacy Volunteers of Mass-Quincy Office

Thomas Crane Public Library

40 Washington Street

Quincy, MA 02169

617-376-1314

Weymouth Public Library

Tufts Library

46 Broad Street

Weymouth, MA 02189

781-337-1402

East Weymouth Branch

1400 Pleasant Street

Weymouth, MA 02189

781-337-1677

North Branch

220 North Street

N. Weymouth, MA 02191

781-340-5036

ALCOHOL & SUBSTANCE ABUSE PROGRAMS

Alcoholics Anonymous

Manager: Judy

12 Channel Street #604
Boston, MA. 02210
617-426-9444

Support groups and sponsorship for individuals affected by alcoholism.

Alcohol and Drug Hotline

1-800-327-5050

Referrals to substance abuse treatment programs.

Al-Anon or Al-A-Teens

Al-Anon Family Group of Mass.

508-366-0556

National Number 1-888-425-2666 or 888-4Al-Anon, for local numbers; available 8am - 6pm; 5 days/week

Support for family members affected by alcoholism or other substance abuse. 24 Hours/7 days a week.

Bay State Community Services, Inc.

13 Temple Street
Quincy, MA 02169
617-471-8400

Substance abuse treatment, driver alcohol education programs.

Bridge Over Troubled Waters

617-423-9575

800-327-5050-Substance Abuse and referral hotline.

Provides counseling for people under the age of 25.

Impact Quincy

13 Temple Street
Quincy, MA 02169
617-471-8400 x 127 or 155

Program Director : Alejandro Rivera

Program Coordinator Arleen Goldsteen

Substance abuse prevention and addiction services. Community Coalition to prevent underage drinking. Free Drug Addiction Counseling available for those in need.

Narcotics Anonymous

866-624-3578

WWW.NA.ORG

Support groups and sponsorship for individuals affected by addiction.

Quitting Time (A program of South Shore Mental Health)

859 Willard Street
Quincy, MA 02169
Intake #
1-800-852-2844

BayView

Program Director Bruce Roberts

Intake Line

617-847-1909

Outpatient addiction services and intensive evening program that provides an alternative to detox: does not accept Mass. Health. Does accept BMC Healthnet and Neighborhood Health.

State-Wide Drug/Alcohol Information & Referral Hotline / Mass Substance Abuse Information & Referral Help Line

1-800-327-5050 24 Hour Help Line

CLOTHING

Emmanuel Episcopal Parish - Kids Clothes Closet

New Address as of Sept. 2010:

519 Washington St.

Braintree, MA 02184

781-848-6724 , Church # 781- 843- 0170

Fill a bag, for two dollars a bag on Thursdays only from 12:30-2:30 and 7:00-9:00 p.m.

Closed June-August for Summer 2010.

Children's Clothing Pantry

Covenant Church of Quincy

315 Whitwell St. (Corner of Granite St.)

Quincy, MA 02169

617-479-5728

Free clothes & assorted toys to anyone in need (Infants-Teens) Wednesday and Thursday 9:30-12:00

Interfaith Social Services- Career Closet

105 Adams Street

Quincy, MA 02169

617-773-6203

Provides interview clothing for adults. Must be referred by an agency.

Betty Ann Lang - Coordinator

Salvation Army

6 Baxter St.

Quincy, MA 02169

617-472-2345 Administrative Office Only, Closest store is in Hanover, MA

QCAP's Southwest Community Center

1 Copeland Street

Quincy, MA 02169

617-471-0796

Donations available-Free new and gently used clothing for children & adults, as well as small household items.

Wellspring Multi Service Center

814 Nantasket Ave.

Hull, MA 02045

781-925-3211 ext. 14

Low cost clothing and household items.

COMMUNITY CENTERS

Adams Shore Community Center

Located at the Adams Shore Library

617-376-1383

Germantown Neighborhood Center

366 Palmer Street

Quincy, MA 02169

617-376-1384

Hours

8 am -5 pm

COMMUNITY CENTERS, cont.

<p>Hough's Neck Community Center 1193 Sea Street Quincy, MA 02169 617-376-1385 Pick up calendar for monthly activities at the Community Center.</p>	<p>Contact Person Cynthia Lewis</p>
<p>Squantum Community Center 136 Standish Rd. Squantum, MA 02171 617-376-1361</p>	<p>Contact person Sandra Buckley</p> <p>Senior Citizens Activities, Wednesday -Friday, from 10 am – 4 pm</p>

COUNSELING & MENTAL HEALTH SERVICES

<p>Bay State Community Services Inc. 13 Temple Street Quincy, MA 02169 617-471-8400 <i>Outpatient mental health services.</i></p>
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<p>Child Witness To Violence Project Boston Medical Center 617-414-4244 For free services <i>Counseling for children who have witnessed violence, especially family violenc.e</i></p>	<p>Ages: 0 – 8 years old</p>	<p>BMC 617-414-4075 Emergency 617-638-8000 Operator</p>
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<p>Children's Charter Trauma Clinic 77 Rumford Avenue Waltham, MA 02453 781-894-4307 Fax 781-894-1195 <i>A clinic for victims of trauma and their families. Therapy, groups and evaluations available.</i></p>
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<p>Department of Mental Health Quincy Mental Health Center 460 Quincy Ave. Quincy, MA 02169 617-626-9000 617-626-9001 617-626-9002</p>	<p>Central Office 25 Staniford Street Boston, MA 02114 617-626-8000 Emergency # 1-800-221-0053 Mon.-Fri. 9 am-5 pm</p>	<p>Crisis Center-S.S Mental Health Center 617-774-6036 Emergency # 1-800-528-4890</p> <p>Mass Behav. Health Partnership 800-495-0086</p>
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<p>Depression After Delivery www. post partum. net 1-800-944-4PPD 1-800-944-4773 <i>Information for new parents and referrals to local providers and support groups.</i></p>

<p>Family Services Association of Greater Boston 31 Heath Street Jamaica Plain, Ma 02130 617-523-6400 Outpatient mental health services.</p>

<p>Good Grief Program (A program of Boston Medical Center) 617-414-4005</p>	<p>Emergency number 617-921-4008</p>	<p>Family Bereavement Ages 5 -13</p>
<p><i>Training about children and grief; books, videos and other resources & workshop for Crisis intervention.</i></p>		

COUNSELING & MENTAL HEALTH SERVICES, cont.

<p>Interfaith Social Service 105 Adams Street Quincy, MA 02169 617-773-6203 <i>Counseling and support services to individuals and families.</i></p>	<p>Business Hours Mon -Fri 8am - 3pm</p>	<p>Contact Person Claire Hagan</p>
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<p>Massachusetts Society for the Prevention of Cruelty to Children (MSPCC) 99 Summer St. Boston, MA 02110 617-587-1500 <i>Outpatient mental health services.</i></p>

<p>Project We Can Talk About It (A program of Children’s Charter Trauma Clinic) 77 Rumford Avenue Waltham, MA 02453 781-894-4307 <i>Specialized Mental Health Services for children who have witnessed traumatic violence/domestic violence.</i></p>

<p>Samaritans 617-247-0220 <i>Suicide prevention crisis line- open 24 hours</i></p>
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<p>South Bay Mental Health Center 541 Main St. #317 Weymouth, MA 02191 781-331-7866 Intake Department 1-800-244-4691 <i>Outpatient child, adult and family treatment.</i></p>

<p>South Shore Mental Health Administrative Office 500 Victory Road Quincy, MA 02171 617-847-1950 1-800-528-4890 (crisis team) 1-800-852-2844 (Bully Busters) <i>Outpatient child, adult and family treatment, child/adult crisis services, psychiatric evaluation and medication management, day treatment services, services for developmentally delayed adults and hearing impaired individuals.</i></p>	<p>Bayview Associates 859 Willard Street Quincy, MA 02169 617-847-1950</p>	<p>Intake/Referral Line 617-844-1914 617-847-1950</p>
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DOMESTIC VIOLENCE: 911 POLICE EMERGENCY

<p>Battered Women’s Hotline 1-800-992-2600 <i>Referrals, peer support, information on location and availability of shelters. Open 24 hours a day.</i></p>
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<p>Dianne Devanna Center 74 Pond Street Braintree, MA 02184 781-843-7010 <i>Support groups and services for children and families affected by domestic violence./ abuse.</i></p>

DOMESTIC VIOLENCE: 911 POLICE EMERGENCY, cont.

District Attorney's Domestic Violence Program

Quincy District Court
1515 Hancock St. (Satellite Office)
Quincy, MA 02169
617-769-6100

Provides support in completing documentation for protection orders, safety planning, referrals to legal services and education on victims rights. Dial 617-471-1650 x192 for restraining orders at the court house.

DOVE

Quincy, MA 02169
Crisis Line 617-471-1234
Business Line 617-471-5087
Youth hotline 617-471-HURT / 617-773-4878

Transitional housing and advocacy for women and their children, affected by domestic violence..

Emergent Program -Anger Management

Main Office
2464 Massachusetts Avenue #101
Cambridge, MA 02140
617-547- 9879

Batterers' Treatment Program. Groups and individual support provided, No service available in Quincy.

Safelink Domestic Violence State Hotline

1-877-785-2020

Crisis support, referral information, links to all domestic violence shelters within MA. Multilingual in 140 languages.

Free. 24 hours.

South Shore Women's Resource Center

P.O. Box 6237
N. Plymouth, MA 02362
Crisis Line: 508-746- 2664 (also business line)

Resource Center for Domestic Violence.

Referral service for abused women for assistance, support, counseling, and domestic violence shelter placement.

ELDER SERVICES

ABCD Foster Grandparent Program

617-348-6340
Director: Emily Shea

Places active elders in work settings with children; provides a weekly stipend and meals.

Program Director

Kalina Black
617-348-6783

Braintree Council on Aging

71 Cleveland Avenue
Braintree, MA 02184
781-848-1963

Elder Abuse Hotline

1-800-922-2275

To report neglect or financial, psychological, or physical abuse of people 60 years of age or older; counseling and referral services.

ELDER SERVICES, cont.

Quincy Council on Aging

440 East Squantum St
Quincy, MA 02171
617-376-1245

Services, and activities for elderly residents of Quincy.

Hull Council on Aging Anne Scully Senior Center

197A Samoset Ave.
Hull, MA 02045
781-925-1239

Director

Barbara Lawlor

South Shore Elder Services

159 Baystate Drive
Braintree, MA 02184
781-848-3910

Ombudsmen services, hot meals, home care, transportation for specific medical visits.

Weymouth Council on Aging

Mc Colloch School
182 Green Street
Weymouth, MA 02191
781-682-6140

Services and activities to elderly residents of Weymouth.

EMPLOYMENT & JOB TRAINING

Training Resources of America Inc.

1458 Hancock Street
Quincy, MA 02169
617-773-1470
Fax 617-773-1469

Job training, and education program.

Manager

Isabel J. Cobb

Quincy Career Center

152 Parkingway
Quincy, MA 02169
617-745-4000

Employment and career counseling, resume and interviewing workshops, and information on occupational training.

Career Development Center from Quincy Housing Authority Director: Adriana Cillo

Joyce Livramento-Young
26 Figurehead Lane
Quincy, MA 02169
617-479-7151

Computer and professional development training programs to support Quincy Housing Authority residents, to become economically self-sufficient.

QCAP'S Learning Links Technology Center

1511 Hancock Street
Quincy, MA 02169
617-479-8181 ext. 383

EXPECTANT FAMILIES

Depression After Delivery www.postpartum.net

1-800-944-4PPD 1-800-944-4773

Information for new parents and referrals to local providers and support groups.

La Leche League, International

1-800-525-3243

www.lli.org

Telephone counseling on breastfeeding, new mothers' groups, and breast pump information.

Central

1-877-452-5244 leave message

Hours

9 am – 5 pm

Nursing Mothers' Council

617-244-5102

Breastfeeding counseling and rental of pumps and other assistance.

Planned Parenthood

1-800-682-9218

Referrals to confidential pregnancy testing; reproductive health services and information.

Healthy Families- Blue Hills

Health Care of Southeastern Massachusetts

185 Lincoln Street

Hingham, MA 02043

781-749-2882

Home Visiting program for first time parents under the age of twenty years old.

Friends of the Unborn Shelter

P.O. Box 692246

Quincy, MA 02269

617-786-7903

Offers shelter for homeless, pregnant women as well as pregnancy counseling. Free Pregnancy testing

Boot Camp for New Dads

Childbirth Registration Line

781-340-8332

Education program run through South Shore Hospital- Veteran Dads and their babies meet with Rookie dads to prepare them for the joys and challenges of the baby-father relationship. First Saturday of every month.

Children's Trust Fund

55 Court St - Fourth Floor

Boston, MA 02108

1-888-775-4kids-5437

617-727-8957

www.mctf.org

Referrals to local parent education groups, parent, family support groups, and home visiting programs; free material on preventing child abuse and neglect, fatherhood initiatives, family centered.

Quincy Teen Mothers' Program

18 Spear St.

Quincy, MA 02169

617-984-8704

Alternative high school for pregnant and parenting teens that live in Quincy.

EXPECTANT FAMILIES, cont.

Young Parents Initiative (Healthy Families Program)

Blue Hills Healthy Families

185 Lincoln Street
Hingham, MA 02043
781-749-2882

Offer support for parents 21 years old and under, pregnant and parenting with children up to three years old.

QUINCY WIC NUTRITION PROGRAM MANAGES NINE OFFICES IN YOUR AREA

Quincy Medical Center

Main Office

114 Whitwell St.
Quincy, MA 02169
617-773-6100

WIC Department

617-376-4190
Mon: 8:30am-7pm, Tues. and Wed : 8:30am-6pm
Thurs. & Fri. 8:30am- 4pm

Quincy – 435 Hancock Street Fridays only
Randolph – 19 N. Main Street
Norwood – 165 Nahatan Street Tues and Thurs. only
Foxboro – 75 Central Street Thurs. only

WIC Satellite Offices:

Germantown/Manet Community Health Center

9 Bicknell St.
Quincy, MA 02169
617-471-4715
Tuesdays 8:30am - 12noon

Weymouth WIC Dept.

24 Athens St.
Weymouth, MA 02190
781-337-5920
Mon – Thurs.

North Quincy/Manet Community Health Center

110 W. Squantum St.
N. Quincy, MA 02171
617-376-3000
Monday 8:30am-11:30am

FURNITURE

The Furniture Bank

Sea St. #48
Weymouth, MA 02191
781-340-1604

Household furniture, dishes, towels, etc. for anyone who needs it. Must pick up with your own car!

Call for an appointment

MA Coalition for the Homeless Furniture Bank

Mon -Fri. 8 am- 4 pm

15 Bubier Street
Lynn, MA 01901
781-595-7570 x 11

All household's must be referred by an organization and may be eligible if they are transitioning from shelter into an apartment, in a doubled up situation, have been referred by DCF, DTA, emergency shelter or are homeless due to a domestic violence situation.

FURNITURE, Cont.

My Brother's Keeper

Stoughton, MA 02072

508-238-4416 General Helpline

508-238-2562 Christmas Assistance

Will deliver furniture to families.

Open: Tuesday, Wednesday, Thursday

1 – 3 PM

Society of St. Vincent de Paul

Stoughton, MA 02072

781-341-4455 ext. 10

Will deliver furniture to families from Dorchester to Taunton and pick up donations. Hrs. M-F, 8-4.

Retail Store Hrs. M-F 10-6, Sat. 10-5

1-800-675-2882

HEALTH CONTACTS

American Cancer Society

1-800-ACS-2345 24 hour hotline

Referral Process and Cancer info. Specialist : information on screening, resources for diagnostic services, free examination, resources for prevention, as well as provide volunteer for transportation to appointments, depending on availability.

Braintree Health Department

Braintree Town Hall

90 Pond St

Braintree, MA 02184

781-794-8000

Mon-Fri. 8:30 – 4:30

Cerebral Palsy of MA

43 Old Colony Avenue

Quincy, MA 02170

617-479-7443

Administration Office

617-479-7577

Health Care for All (Hospitals & Community Health Centers)

30 Winter Street, Suite 1007

Boston, MA 02108

617-350-7279 or 1-800-272-4232 must call between 9 am – 5 pm

A Program from Health Care For All. Application for free care and health advocacy available.

La Leche League, International

1-800-525-3243

www.llli.org

Telephone counseling on breastfeeding, new mothers' groups, and breast pump information.

Central

1-877-452-5244 leave message

Hours

9 am – 5 pm

Lead Poisoning Prevention

1-800-532-9571

Information about lead laws and consumer rights; referrals for lead screenings, inspection and de-leading programs.

Mass Health - Service Center

800-841-2900

800-554-0042

Health Insurance for low-income families and their children.

HEALTH CONTACTS, cont.

March of Dimes MA Chapter

114 Turnpike Road, Suite 202
Westborough, MA 01581
508-329-2800

Information/ Advocacy for families with children who are premature or have special needs at birth.

Milton Board of Health

525 Canton Avenue
Milton, MA 02186
617-898-4886

Nursing Mothers' Council

617-244-5102

Breastfeeding counseling and rental of pumps and other assistance.

Planned Parenthood

1-800-682-9218

Referrals to confidential pregnancy testing; reproductive health services and information.

Poison Control

1-800-222-1222

Emergency advice about poisoning and information on poison.

Quincy Health Department

440 E. Squantum St
Quincy, MA 02171
617-376-1275

Adult Immunization Clinic Dept.

617-376-1285/1286

Lead Paint Screening (9mo.-6yrs)

617-376-1275 (this is done by provider)

Weymouth Board of Health

Town Hall
75 Middle St.
Weymouth, MA 02189
781-335-2000 ext 1 and then ext.5

Smokers Quitline

1-800-TRY-TO-STOP (1-800-879-8678)

Counseling and referrals to local smoking cessation programs

Bi Lingual Line

1-800-879-8678

HEALTH/MEDICAL SERVICES & DENTAL CARE PROVIDER LIST

Healthy Families- Blue Hills

Health Care of Southeastern Massachusetts
185 Lincoln Street
Hingham, MA 02043
781-749-2882

Home Visiting program for first time parents under the age of twenty years old.

HEALTH/MEDICAL SERVICES & DENTAL CARE PROVIDER LIST, cont.

MANET COMMUNITY HEALTH CENTERS

Houghs Neck

1193 Sea St.
Quincy, MA 02169
617-471-8683

Hull

180 George Washington Blvd.
Hull, MA 02045
781-925-4550

Snug Harbor

9 Bicknell St.-Upstairs
Quincy, MA 02169
617-471-4715

North Quincy

Manet Community Health Center (Administrative Office)

110 West Squantum St.
Quincy, MA 02169
617-376-3000

Neponset Health Center

398 Neponset Ave.
Dorchester, MA 02122
617-282-3200

South Cove Community Health Center

Central Office:	Quincy Office:
885 Washington Street	435 Hancock Street
Boston, MA 02111	Quincy, MA 02171
617-482-7555	617-745-0280

South Shore Visiting Nurse Association & Hospice

100 Bay State Drive
Braintree, MA 02184
781-849-1710

Dental Care Providers Accepting Mass Health

Town	Office	Address	Phone Number	Mass Health	Affiliated Offices
Braintree	Arthur Brown Jr.	367 Washington St 02184	781-848-8060	Yes 2 ½ yrs	No
Braintree	Nicholas Pellegrino	381 Washington St. 02184	781-843-0340	Yes 3 yrs.+	No
Brockton	Dr.Efrain Ruiz	304 Pleasant St. 02301	508- 588-0094	Yes 1 yr. +	No
Mattapan	Small Smiles	90 River St. Mattapan, MA.	617 698-5437	Yes Any age	No
E.Weymouth	Harry Tatoian Jr.	908 Washington St. 02189	781-337-8700	Yes 2yrs.+	No
Brockton	Dr. Rashmi Shah	1091 North Main St.	1-508-586-7866	Yes	No
Hull	Nantasket Family Dental	278 Nantasket Ave. 02045	781-925-3303	Yes 2yrs.+	No
Quincy	John Pasciucco	1261 Furnace Brook Pkwy. 02169	617-471-8355	Yes, only children	No
Quincy	Quincy Dental Sea St	495 Sea St 02169	617-847-1400	Yes	No
Quincy	Wollaston Dental Dr. Jennifer Lee	688 Hancock St	617-984-5888	Yes 3 yrs.+	No
Quincy	Quincy Family Dental Dr. Shabazian	157 Washington St 02169	617-479-7625	Yes 3 yrs.+	No
Quincy	Quincy Dental	875 Southern Artery 02169	617-471-4449	Yes	No
Quincy	Lux Dental	505 Washington St 02169	617-639-5942	Yes 2 yrs.+	Sat hrs. 10 - 5
Quincy	Hancock Dental	522 Hancock St. 02170	617-773-6605	Yes Any age	No
Quincy	Adams Dental Assoc.	611 Adams St. 02169	617-328-1726	Yes 3 yrs.+	No

Dental Care Providers Accepting Mass Health

Town	Office	Address	Phone Number	Mass Health	Affiliated Offices
Quincy	South Cove Health Center	435 Hancock St. 02169	617-422-7707	Yes	South Cove Boston
Dorchester	Columbia Family Dental	653 Columbia Rd	617-825-9100	Yes 3 yrs.+	No
Randolph	Aqua Dental	1395 N. Main St 02368	781-963-6077	Yes Only Children 3 yrs.+	No
Quincy	Excel Family Dental	1261 Furnace Brk Pkwy Suite 24 02169	617-471-6972	Yes Any age	No
S. Weymouth	Nicholas Manganaro	129 Pleasant St. 02190	781-337-2045	Yes	No
Abington	Diane Keoury	481 Bedford St 02351	781-871-9400	Yes	No
Weymouth 5yr pref	Nicolas Metri	83 Broad St. Weymouth 02188	781-335-2250	Yes/No Commonwealth Health	No

HOSPITALS

Boston Medical Center

840 Harrison Ave.
Boston, MA 02132
617-638-8000

Children's Hospital

300 Longwood Avenue
Boston, MA 02115
617-355-6000

Braintree Rehabilitation Hospital

5 Star Hospital

250 Pond St.
Braintree, MA 02184
1-800-997-3422 OR 781-848-5353

Mass General Hospital

55 Fruit St.
Boston, MA 02114
617-726-2000

Milton Hospital

199 Reedsdale Rd
Milton, MA 02186
617-696-4600

Physician Referral Service

617-696-8809

Community Education

617-696-8810

Tufts Medical Center & Floating Hospital for Children

800 Washington St.
Boston, MA 02111
617-636-5000

Quincy Medical Center

114 Whitwell St.
Quincy, MA 02169
617-773-6100

Patient Advocate

617-376-5678

Asian Services

617-376-4013
617-376-2058 Chinese
617-376-4013 All Languages

South Shore Hospital

55 Fogg Road
S. Weymouth, MA 02190
781-340-8000

HOUSING & SHELTERS

Asian Task Force Against Domestic Violence

P.O. Box 120108

Boston, MA 02112

Business Line: 617-338-2350

Crisis Line: 617-338-2355, 24 hour hotline

Asian women a priority, but will accept other families. Based in Lowell but covers the entire state.

Braintree Housing Authority

25 Roosevelt St.

Braintree, MA 02184

781-848-1484

DOVE (Domestic Violence Ended)

P.O. Box 690267

Quincy, MA 02269

617-471-1234

Services to women and their children.

Father Bill's Place

38 Broad St.

Quincy, MA 02169

617-770-3314

Services all homeless adults. Must be over 18 years of age. Length of stay depends on individual circumstances. Homeless shelter and transitional housing program.

Friends of the Unborn Shelter

P.O. Box 692246

Quincy, MA 02269

617-786-7903

Offers shelter for homeless, pregnant women as well as pregnancy counseling. Free Pregnancy testing

South Shore Habitat for Humanity

www.sshabitat.org

20 Mathewson Dr.

Weymouth, MA 02189

781-337-7744

Builds houses for low income families through private funds if you qualify. Hrs. M-F 9:00-4:00

Hull Housing Authority

6 Atlantic House Court

Hull, MA 02045

781-925-4544

Mon, Tue, Wed,

9:00-3:00

Interfaith Social Services- Home Safe Program

105 Adams Street

Quincy, MA 02169-2004

617-773-6203

Provides referrals and limited financial assistance for rental needs.

HOUSING & SHELTERS, cont.

QCAP's Housing Program

1509 Hancock St. Floor 3
Quincy, MA 02169
617-479-8181 ext. 300

Comprehensive housing services for tenants, landlords, homeowners, and homebuyers. Includes affordable housing development and rental property management, first time homebuyer education and down payment assistance, housing counseling, housing search and stabilization services for homeless and at-risk families, and emergency rent/mortgage assistances.

Quincy Housing Authority

80 Clay St.
Quincy, MA 02170
617-847-4350

Mon – Friday
8:30-4:30

Quincy Mayor's Office of Constituent Affairs

The City of Quincy Transitional Housing Program

Quincy, MA 02169
617-376-1422

Transitional housing for families with children in the Quincy Public Schools

Milton Housing Authority

65 Miller Avenue
Milton, MA 02186
617-698-2169

Weymouth Housing Authority

402 Essex St.
Weymouth, MA 02188
781-331-2323

Mon – Fri.
8:30 am – 4 pm

LEGAL SERVICES & MEDIATION SERVICES

Bar Association of Norfolk County

15 Cottage Ave. Suite 206
Quincy, MA 02169
617-471-9693

Free monthly legal clinics. Referral services for Attorneys

The Massachusetts Child Support Customer Service Bureau/ Mass Dept. of Revenue – DOR/CSE

100 Cambridge St.
Boston, MA 02114
1-800-332-2733
1-800-332-2734

Customer Service Bureau
P.O. Box 7057
Boston, MA. 02204

Family Law Project for Battered Women

Intake Line

617-589-9420

Referral network for pro-bono attorneys for cases concerning custody, visitation, paternity, restraining orders, divorce, etc.

LEGAL SERVICES & MEDIATION SERVICES, cont.

Greater Boston Legal Services

197 Friend Street
Boston, MA 02114
617-371-1234
1-800-323-3205

Free civil representation to low income individuals.

Legal Advocacy and Resource Center

1-800-342-LAWS (5297)

Free and reduced fee legal services. Can only help US Citizens or Individuals with a Green Card

Massachusetts Commission Against Discrimination

1 Ashburton Place Room 601
Boston, MA
617-727-3990

To report complaints about housing, maternity, and employment discrimination.

Massachusetts Office of the Attorney General

617-727-2200

Help for victims of violent crime and advice on consumer complaints.

Mental Health Legal Advisors Committee

399 Washington St. 4th floor
Boston, MA 02108
617-338-2345

Mon – Fri.
9:00-5:00

Office of Consumer Affairs

www.mass.gov/consumer

10 Park Plaza. Ste. 5170
Boston, MA. 02116
Hotline: 617-727-7780

Mon – Fri.
9:00-4:30 pm

Provides advice and referrals regarding consumer complaints such as dealing with automobiles, landlord/tenant relations and mail order companies.

Volunteer Lawyers Project

99 Chauncy St. Suite 400
Boston, MA 02111
617-423-0648

Mon – Fri.
9:00-5:00

Help with Supplemental Security Income (SSI) appeals and other cases

Sedna Law P.C.

Immigration Lawyers
2 Canal Park 5th Floor
Cambridge, MA. 02141
617-395-8333

Law Offices of C.J. Lazery P.C.

Immigration Lawyers
776 R Washington St.
Canton, MA.02021
781- 562-0317

Free for consultation only

LOCAL SCHOOL SYSTEMS

Braintree Public Schools

348 Pond St.
Braintree, MA 02184
781-380-0130

Hull Public Schools

180 Harborview Rd
Hull, MA 02045
781-925-4400

Milton Public Schools

25 Gile Rd.
Milton, MA 02186
617-696-4809

Quincy Public Schools

70 Coddington Street (mailing address)
Quincy, MA 02169
617-984-8800

For Personnel Contacts

159 Burgin Parkway 3rd floor
Quincy, Ma 02169

Weymouth Public Schools

111 Middle Street
Weymouth, MA 02189
781-335-1460

NUTRITION SERVICES

Atlantic Neighborhood Center Food Pantry

11 Hayward St.
No. Quincy, MA 02171
617-376-1381

Serves N. Quincy, Montclair & Wollaston

Tuesday and Thursday by appt. only

Braintree Community Food Program

First Baptist Church
594 Washington St.
Braintree, MA 02184
781-843-0109

Agnes Lynch

781-277-1609 cell

Open pantry for groceries, Wednesday evenings 6:30-8:30pm. Meal served Wednesdays 5:30pm.

Department of Transitional Assistance Outpost at QCAP

1509 Hancock Street, 4th Fl.
Quincy, MA 02169
617-773-0293

Walk-in assistance for DTA financial support and special services, Wed & Thurs., 8:30 AM to 4:30 PM.

Food Stamp Information

www.gettingfoodstamps.org

Information about how to apply for Food Stamps.

***** Learning Links Technology Center**

for on-line Food Stamp application help

1511 Hancock St, Quincy MA 02169 617-479-8181 ext. 383

NUTRITION SERVICES, cont.

The Germantown Neighborhood Center Pantry**Contact: Cathy Jaques**

A program of the South Shore YMCA
366 Palmer Street
Quincy, MA 02169
617-376-1389

*Food pantry hours: Mon. 8:30 AM to 12:00 PM; Weds. 8:30 AM to 12:00 PM and 5:00 PM to 7:00 PM .Fri, 8:30 AM-12PM
Call for appt.*

Essential Pantry**Christ Church**

12 Quincy Ave
Quincy, MA 02169
617-773-0310

Second Saturday of each month 10 am – 12 noon (Call for more information about items provided)

Interfaith Social Services “The Pantry Shelf”

105 Adams Street
Quincy, MA 02169
617-773-6203

Open pantry for groceries, Mon-Fri 10:00-11:45 a.m. I.D., current address and social security number required.

Project Bread Food Source Hotline

1-800-645-8333

To local food pantry and feeding programs in your community.

SERVE New England

1-888-742-7363

Food purchasing cooperatives in over 500 communities.

Quincy Crisis Center**P.O. Box 31****Quincy, MA 02170**

617-471-7075

Call for food – no pick up at site

Emergency food delivery, hot meals, holiday meals.

QCAP’s Emergency Food Center/ Southwest Community Center

*

1 Copeland Street
Quincy, MA 02169
617-471-0796

Monthly food orders that include fresh, frozen and non-perishable foods, holiday food orders, diapers, formula & toiletries as available. Open Mon.- Fri 9 am – 4:30 pm . Call for appt.

St. Thomas Moore Church**Need Appointment, Must call by noon on Wednesday mornings**

84 Hawthorne Road
Braintree, MA 02184
781-843-1980

Please ask for SVP volunteer.

Food Pantry Wednesday 7:00 – 8:00 p.m.

Wellspring Multi-Service Center**Proof of Hull Residency & ID needed**

814 Nantasket Ave
Hull, MA 02045
781-925-3211

Wednesday mornings from 9:30-11:30, or 2nd & 4th Thursday Evening 6:00 – 8 pm By appt only

NUTRITION SERVICES, cont.

Weymouth Food Pantry

1189 Commercial Street
E. Weymouth, MA 02189
781-331-7682

Open Tues & Thurs 9:00 AM – 11:30 AM and the last Thursday of every month 4-6pm. Each family receives a 3-4 day emergency supply of groceries.

PARENT/FAMILY SUPPORT & GUIDANCE

Adoptive Families Together (AFT)

99 Summer St. 6th Floor
Boston, MA 02110 617-587-1522
Contact Patricia Brady at 617-587-1554

Parent Support Group
617-587-1563

Adoptive Families Together(AFT)

157 Green St.
Jamaica Plain, MA. 02130

Offers support groups and training to families with adopted children. www.msppc.org

Big Brother/Big Sister of Massachusetts Bay

Big Brother Main Office

75 Federal St. 8th floor
Boston, MA 02110
617-542-9090

Big Sister Main Office

161 Mass Ave. 2nd floor
Boston, MA 02115
617-236-8060

Mentoring program for children, Between ages 7 - 15

Boot Camp for New Dads

Childbirth Registration Line

781-340-8332

Education program run through South Shore Hospital- Veteran Dads and their babies meet with Rookie dads to prepare them for the joys and challenges of the baby-father relationship. First Saturday of every month.

Children's Trust Fund

55 Court St - Fourth Floor
Boston, MA 02108
1-888-775-4kids-5437
617-727-8957
www.mctf.org

Referrals to local parent education groups, parent, family support groups, and home visiting programs; free material on preventing child abuse and neglect, fatherhood initiatives, family centered.

Department of Children and Families (previously Department of Social Services)

Coastal Area Office
541 Main St.
Weymouth, MA 02190
781-682-0800

Families First

Parenting Programs

99 Bishop Richard Allen Drive
Cambridge, MA 02139
617-868-7687

Mon – Fri.
9:00-5:30

Provides workshops to families and professionals on a variety of topics to strengthen families.

PARENT/FAMILY SUPPORT & GUIDANCE, cont.

Grandparents Raising Grandchildren

Executive Office of Elder Affairs
One Ashburton Place
Boston, MA 02108
617-727-7750

Referrals to support groups for grandparents raising their grandchildren; free resource directory

Germantown Neighborhood Center

Multi Service Center

366 Palmer St
Quincy, MA 02169
617-376-1384

Contact: Kathy Quigley
Mon.-Fri. 8:00-4:00

Parent education and support groups

Hull Family Network

Joan MacDonald, Hull Public Schools
180 Harborview Rd. Suite 2
Hull, MA 02045
781-925-4400 x 5

Free programs for Hull families with children from birth to four years.

Parental Stress Line

Parents helping Parents
108 Water St.
Watertown, MA 02472
1-800-632-8188 x 1

Provides 24-hour telephone counseling for young people and parent. They listen to any family or personal difficulty and help callers sort out their options.

Parents Anonymous of Massachusetts, Parents Helping Parents

1-800-882-1250

Telephone counseling and support groups for parents; Confidential and free resource.

Project Connect

14 Beacon St., Suite 802
Boston, MA 02130
617-248-6585

A program of the MSPCC; offers a support group for families who have a child with severe emotional or behavioral problems. Also provide resource planning individualized to specific needs of child and family.

Quincy Family Network

Joan Rodeck
1509 Hancock Street
Quincy, MA 02169
617-479-8181 ext.369

Playground
Parent Workshop
Family Events
ESOL

Free programs for Quincy families with children from birth to four years old.

Quincy Teen Mothers' Program

18 Spear St.
Quincy, MA 02169
617-984-8704

Alternative high school for pregnant and parenting teens that live in Quincy.

PARENT/FAMILY SUPPORT & GUIDANCE, cont.

United Way of Massachusetts Bay

Success by Six
Parent Line
1-800-231-4377

Weymouth Family Network

Johnson Early Childhood Center
70 Pearl St.
Weymouth, MA 02191
781-340-6098

Free programs for Weymouth families with children from birth to four years.

Weymouth Youth & Family Services

1393 Pleasant Street
Weymouth, MA 02189
781-331-1719 Office
781-335-9713 Teen Center

Family support, recreation and Teen Center. Activities planned by teens for teens five nights a week. Year round emergency supports with food and clothing. Holiday assistance program for Weymouth residents.

Young Parents Initiative (Healthy Families Program)

Blue Hills Healthy Families

185 Lincoln Street
Hingham, MA 02043
781-749-2882

Offer support for parents 21 years old and under, pregnant and parenting with children up to three years old.

SPECIAL NEEDS SERVICES FOR CHILDREN

Braintree Public Schools

Robert Belmont
128 Town St.
Braintree, MA 02184
781-848-4000 ext. 2264

Hull Public Schools

Judy Kuehn
180 Harborview Rd
Hull, MA 02045
781-925-4400 ext. 1121

Milton Public Schools

Jeffrey Rubin
25 Gile Road
Milton, MA 02186
617-696-5040 ext. 5574

Quincy Public Schools

Judy Todd
70 Coddington St.
Quincy, MA 02169
617-984-8743

Mailing Address

159 Burgin Pkwy. 3rd Fl.
Quincy, MA. 02169

SPECIAL NEEDS SERVICES FOR CHILDREN, cont.

Weymouth Public Schools

Teresa Kelleher
111 Middle St.
Weymouth, MA 02189
781-335-1460 ext. 316

Federation for Children with Special Needs

1135 Tremont Street, Suite 420
Boston, MA 02120
1-800-331-0688
617-236-7210
Advocacy and support for families with children who have special needs.

EARLY INTERVENTION PROGRAMS

Early Intervention programs evaluate and serve children from birth to age three born with prematurity, disabilities or who show symptoms of delay; they also offer integrated play groups for children and support services to families. EI accepts referrals from health care professionals and families concerned about their child's development.

First Early Intervention Program

574 Main St.
S. Weymouth, MA 02190
781-331-2533
For families from Weymouth, Braintree and Hull.

South Cove Early Intervention Program

145 South St.
Boston, MA 02111
617-521-6742 Direct Line
617-521-6730 main number to South Cove
Chinese language services available.

Step One Early Intervention

500 Victory Road
Quincy, MA 02171
617-774-1040
For families from Quincy and Milton. Chinese language services available.

STATE AGENCIES

Department of Elementary & Secondary Education

75 Pleasant St
Malden, MA 02148
781-338-3000

Department of Mental Health

1-800-221-0053
Emergency evaluations and treatment for persons having a mental health crisis

STATE AGENCIES, cont.

Department of Children and Families (previously Department of Social Services)

Coastal Area Office
541 Main St.
South Weymouth, MA 02190
781-682-0800

Department of Transitional Assistance (DTA)

Brockton Office: *Serving Braintree, Hingham, Hull, Randolph and Milton*
75 Commercial Street Mon. – Fri. 8 am – 5 pm
Brockton, MA 02302
508-895-7000

Boston Office: *Serving Quincy and Boston*
New Market Square Mon. – Fri. 7:30 am – 5 pm
1010 Mass Ave
Boston, MA 02118
617-989-2200

DTA Outpost Services at QCAP

1509 Hancock Street 4th Floor
Quincy, MA 02169
617-773-0293
Walk-in DTA Information and Referral Services available on Weds and Thurs from 9:00-4:00 (fax services, food stamps etc.).

Complete application services to DTA programs are available at:

Newmarket Square office Boston / Quincy residents

1010 Mass Ave M-F. 7:30-5:00
New Market Square
Boston, MA
617-989-2200

Brockton office Braintree, Hingham, Hull, Randolph, Weymouth residents

75 Commercial St. M-F. 8:00-5:00
Brockton, MA
508-895-7000

Plymouth office Cohasset, Scituate, Norwell residents

61 Industrial Park Rd. M-F. 7:30-5:00
Plymouth, MA
508-732-3100

Dorchester office Dedham, Milton, Norwood, Westwood residents

2201 Washington St. M-F. 7:30-5:00
Roxbury, MA. 02119
617-989-6000

The Department of Transitional Assistance (DTA) has 25 offices across the Commonwealth of Massachusetts. If you are not sure which office to contact or you have questions about how to apply for DTA programs, please contact our Application Information Hotline at 1-800-249-2007, Monday through Friday from 8:45 AM-5:PM

Department of Early Education and Care

617-988-6600

State agency that monitors and licenses child care programs; receives complaints and sends reports of proven complaints.

Social Security Office

www.socialsecurity.gov

1250 Hancock Street Suite 210 N

Quincy, MA 02169

1-866-593-4392

1-800-772-1213 main number

Mon – Fri.

9:00-4:00

State Representatives and Senators

State House Main Number: 617-722-2000

Call to contact your local representatives about issues that concern you

WIC PROGRAM SITES (WOMEN, INFANTS, CHILDREN)

WIC provides nutrition support and education; Food for eligible pregnant women and children under 5.

QUINCY WIC NUTRITION PROGRAM MANAGES NINE OFFICES IN YOUR AREA

Quincy Medical Center

Main Office

114 Whitwell St.

Quincy, MA 02169

617-773-6100

WIC Department

617-376-4190

Mon: 8:30am-7pm, Tues. and Wed : 8:30am-6pm

Thurs. & Fri. 8:30am- 4pm

Quincy – 435 Hancock Street Fridays only

Randolph – 19 N. Main Street

Norwood – 165 Nahatan Street Tues and Thurs. only

Foxboro – 75 Central Street Thurs. only

WIC Satellite Offices:

Germantown/Manet Community Health Center

9 Bicknell St.

Quincy, MA 02169

617-471-4715

Tuesdays 8:30am - 12noon

Weymouth WIC Dept.

24 Athens St.

Weymouth, MA 02190

781-337-5920

Mon – Thurs.

North Quincy/Manet Community Health Center

110 W. Squantum St.

N. Quincy, MA 02171

617-376-3000

Monday 8:30am-11:30am

OTHER RESOURCES

Free Credit Report Information

Equifax

P.O. Box 740241
Atlanta, GA 30374-0241
800-685-1111
Website: www.equifax.com

Experian (formerly TRW)

P. O. Box 2104
Allen, TX 75013-0949
888-397-3742
Website: www.experian.com

Trans Union Corp.

760 W. Sproul Road
Springfield, PA 19064-0390
800-888-4213
Website: www.tuc.com

Free Tax Help at Learning Links

1511 Hancock Street
Quincy, MA 02169
617-479-8181 ext. 300

Free income tax counseling and free e-filing of individual income tax returns (Federal and Massachusetts only). This service is provided by IRS certified volunteers and offered by appointment only evenings and weekends from February through April 15th.

Quincy Asian Resources, Inc. (QARI) www.qari.info

John Brothers
1509 Hancock Street, Suite 209
Quincy, MA 02169
617-472-2200

Provides advocacy, education and cultural celebrations for Asian families and community members on the South Shore.

United Way- First Call for Help

1-800-231-4377

Resources and referrals to programs and agencies to support any need, 24 hours/ 7 days a week.

Other Head Start Programs

Brockton Self Help Head Start

370 Howard St.
Brockton, MA 02302
508-587-1716
Fax: 508-587-1717

ABCD Head Start

178 Tremont St.
Boston, MA 02111
617-348-6280

South Shore Head Start

196 South Meadow Road
Plymouth, MA 02360
508-746-0333

LOCAL DEBT MANAGEMENT COMPANIES

ACCC – American Consumer Credit Counseling

130 Rumford Ave, Suite 202
Auburndale, MA 02466
Phone: 1-800-769-3571
Fax: 617-244-1116
Website: www.consumercredit.com

Enrollment Fee: One time enrollment fee of \$39. (Can be waived or lowered due to income or for students, senior citizens and veterans)

Monthly Fee: \$3 fee per account per month (Maximum: \$40. per month)

Additional Services: \$2 a month for an *optional* educational newsletter

Money Management International

Balance

(Previously Consumer Credit Counseling Services)
8 Winter Street, 7th floor
Boston, MA 02108
Phone: 1-800-475-0720
Website: [www. MoneyManagement.org](http://www.MoneyManagement.org)
(More locations on website)

Free for Quincy Credit Union members

For more info. go to website: www.qcu.org
Quincy Branch-100 Quincy Ave., Quincy, MA.

Enrollment Fee: \$75 but can be reduced if income eligible

Monthly Fees: \$8 fee per account per month (Minimum \$24 and Maximum \$40 per month)

Additional Services: Pre and Post Bankruptcy counseling offered at \$50 each

**** Family Feedback Survey ****

Date: _____

Agency: _____

Overall I was:

- Very satisfied
- Somewhat satisfied
- Not at all satisfied

I would/would not (circle one) recommend this agency to another family.

Comments: _____

Name: (Optional) _____

Please return to Family Services Coordinator at the Head Start Main Office

**** Family Feedback Survey ****

Date: _____

Agency: _____

Overall I was:

- Very satisfied
- Somewhat satisfied
- Not at all satisfied

I would/would not (circle one) recommend this agency to another family.

Comments: _____

Name: (Optional)

Please return to Family Services Coordinator at the Head Start Main Office