Poverty is a national problem, requiring improved national organization and support. But this attack, to be effective, must also be organized at the state and the local level and must be supported and directed by state and local efforts.

~Lyndon B. Johnson
In this 50th year of Quincy Community Action Programs, we pause to reflect on the enormity of the history of our agency. It’s a history that weaves into our present and shapes our future. We reflect on the vision of our original Founders and the vision of President Lyndon B. Johnson. Their vision to include all members of the community to address the root causes of poverty, and to provide opportunities to all residents, regardless of economic status, remains true today.

This vision is articulated in our most recent Strategic Planning Process, completed in 2014, which called for the community to come together to identify the challenges and needs facing low income individuals and families, and develop solutions through the Strategic Plan. We were fortunate to have the active involvement of our Board of Directors, staff, members of the community, clients and community leaders. Although representing different voices, they joined to create common goals to the benefit of our community and those most in need. Faithful to the original Founders and their unique approach in 1965, we are honored to uphold this approach for QCAP 50 years later.

Through our Strategic Plan, the community identified common needs, including access to affordable, quality housing, basic needs such as affording food and utilities, workforce development and financial education, including how to manage money, and the need for affordable and quality early education and care. While the community has changed much in 50 years, the need for residents to acquire employment skills, helping them to secure employment with a living wage, is a need vocalized as much in 1965 as it is today. QCAP’s launch of the Greater Quincy Financial REACH Center – with the generous support of the United Way of Massachusetts Bay and Merrimack Valley and the State Street Foundation – fits into how we hope to address this need in the future.

We honor the contributions of countless people who devoted so much of their time and energies to help improve the lives of others. We thank our Founders, past and current Board of Directors, businesses and local community leaders, past and current staff, and the clients who work so hard to improve their lives. Thanks to the dedication of so many throughout our history, remarkable things happen every day. And for this, we are extraordinarily proud.

Sincerely,

Josephine Shea, Board President

Beth Ann Strollo, Chief Executive Officer
Through public and private partnerships we endeavor to assist families and individuals in our communities to improve the quality of their lives by minimizing the effects of poverty, promoting self-sufficiency, and advocating for social change.

2015-2016 Board of Directors

NEIGHBORHOOD REPRESENTATIVES
Maureen Ayers
Kevin Matta
May Lam
Tahlia Gunter
Barbara Morris
Paul M. Connolly
Appointment Pending

PRIVATE REPRESENTATIVES
Reverend Emeritus Sheldon W. Bennett
Judith E. Farmer
Douglas W. Moseley
James B. Murdoch
Frank Poon
Peter Racicot
Geoffrey P. Wermuth

PUBLIC REPRESENTATIVES
Josephine Shea
Michael J. Berry
Debbie Abrahams
Janet Crowley
Linda Perry
Timothy McAloon
Stephanie Glennon

Chief Executive Officer: Beth Ann Strollo
Chief Financial Officer: Anna B. Slavin

Representing
Atlantic
Germantown
Germantown
Head Start Policy Council
Quincy Point
Southwest Quincy
Weymouth

Representing
United First Parish Church
Bank of Canton
Mayor Susan M. Kay – Weymouth
The Stop & Shop Supermarket Company
Quincy Asian Resources
Fallon Ambulance
Murphy, Hesse, Toomey & Lehane

Representing
Mayor Thomas P. Koch – City of Quincy
Councilor Margaret Laforest
Councilor Brad Croall
Councilor Kevin F. Coughlin
Councilor Brian Palmucci
Councilor Kirsten L. Hughes
Councilor Brian F. McNamee
Quincy Community Action Programs (QCAP) will continue to be recognized as a leading community organization dedicated to reducing poverty. Our clients will experience QCAP as a welcoming place where their strengths are valued and they are treated with respect. We recognize individual responsibility as a starting point on our clients’ path to achieve economic and social progress. We provide quality services to address the multiple and changing needs of our clients. We build and sustain community partnerships to strengthen both our clients and the areas we serve and we strive to broaden these connections and resources whenever possible. We value our employees as our greatest asset and will recognize their accomplishments, while encouraging and supporting their professional growth and development.
Fifty years ago, with the undercurrent of the Civil Rights Movement, one in five Americans was living in poverty. Although the previous decade brought general economic prosperity, the rising tide was not lifting all boats. Americans were suffering from unemployment, lack of education, and malnourishment.

In response, on January 8, 1964, in his State of the Union address, President Lyndon B. Johnson declared an “unconditional war on poverty.” Inspired by President Roosevelt’s New Deal and President Kennedy’s promise to help the impoverished, President Johnson proposed bold new legislation to address the economic conditions that caused poverty. He sought to provide opportunities to every American no matter race nor income, calling for not only social justice but economic justice. This was President Johnson’s vision of the Great Society.

After only eight short months, and with bipartisan support from the US Congress, on August 20, 1964, President Johnson’s landmark legislation was enacted. With the help of the dynamic Sargent Shriver, founder of the Peace Corps, and newly appointed head of the Office of Economic Opportunity, programs like Medicaid, Medicare, food stamps, Head Start, Job Corps, VISTA, work-study programs, adult education, and Title I were established.

Although the legislation provided federal support and backing to tackle poverty nationwide, for the first time, low-income residents, the very people suffering in poverty, were not only invited to the table, the law required that they be given a voice in how to address poverty in their local communities. This concept of “maximum feasible participation” – a radical departure for the federal government at the time – gave control to the local level, forming an alliance between the federal government, local government, and community members. This was the birth of “community action.”

In 1964, Quincy Mayor Della Chiesa appointed 24 residents to form the Quincy Community Action Organization (QCAO) to “extend economic opportunities to the citizens of Quincy.” In March 1965, the Board of Directors held the first meeting of the organization and in May, QCAO was officially incorporated. Its first President was William J. Trifone, and first Executive Director was Russell O’Connell.

For 50 years, Quincy Community Action has been the leading anti-poverty service provider in the Greater Quincy region. From our humble roots, we continue to work side-by-side with residents, leaders, and partners to ensure that the needs of our community’s most impoverished are being met. This includes basic needs such as food and nutrition, fuel
assistance, affordable housing, quality early education and care, adult education and workforce development, and financial education. Today, Quincy Community Action Programs (QCAP) has expanded programs to reach a service area consisting of more than 80 communities. Annually, approximately 20,000 unduplicated people benefit from QCAP services.

Critics of community action and safety net programs argue that because poverty still exists, then, they reason, the core programs established by President Johnson and the “community action” model was a failure. Although poverty still exists, had it not been for the Office of Economic Opportunity, substantially more Americans would be living in poverty.

Nationally, public benefit programs keep about 40 million people out of poverty. Based on the Census Bureau’s Supplemental Poverty Measure, close to 842,000 people (one out of every eight) in Massachusetts currently are kept out of poverty by public benefit programs, including 158,000 children. In effect, poverty in Massachusetts would be almost doubled (27 percent) when based on this measure and without these public programs.1 In addition, the creation of Medicare and Head Start, enactment of civil rights legislation, and investments in education have enabled millions of students to go to college.2

What’s changed is our economy. Our national poverty rate fell 42 percent during the War on Poverty, from 1964 to 1973.3 While productivity has continued to increase steadily, in the mid-1970s, wages stagnated, with the majority of profits going to wage growth to those at the highest end of the income spectrum4, lending to significant income inequality. Since that time, inflation has increased and the Boston-Greater Quincy-South Shore area remains one of the most expensive regions in the country.

With wages stagnated since the 1970s, our clients’ hardearned income buys even less than it did 40 years ago, making it even more difficult for low-income families to escape poverty. In 1968, a full-time year-round worker at the minimum wage earned the equivalent of $21,170 a year when adjusted for inflation. In 2014, a full-time worker at minimum wage would earn approximately $16,000 annually, or $5,700 less than in 1968.5 In 2014, working families won a major victory when Governor Deval Patrick signed into law an increase in minimum wage to $11.00 by 2017. Even with this increase, however, the minimum wage will still not fully return to its 1968 value.6
History of Community Action

In more recent times, poverty has become less concentrated in the region’s innermost cities, such as Boston, and corresponding increases are being seen in urban communities around the periphery of Boston, according to the Metropolitan Area Planning Committee (MAPC). Quincy, Braintree and Weymouth took on a greater share of the region’s poverty than most suburban areas and even some areas of urban Boston.\(^7\)

The role of Quincy Community Action – and the core programs enacted by President Johnson – remain as critical as ever to preventing low-income families from falling into deep poverty, and providing opportunity to lift themselves out of poverty. QCAP provides not only an important safety net, helping to address myriad of needs that families in crisis face, but helps set a foundation so that families may achieve long-term financial independence. From our earliest days providing Head Start and nutrition programs to our latest initiative with the opening of our Financial REACH Center, our programs have evolved out of community need. In our 50 year history, we are proud of our achievements, innovations, and that we have earned the respect of our clients and community as the foremost anti-poverty agency in the region.

We could not do our work alone.

We are grateful to our US Congressional Delegation, State Delegation, and city leaders for advocating on behalf of our clients.

We are grateful to our generous funders who assure that we can continue to help area families.

We are grateful to our hundreds of community partners for helping us to meet the needs of our clients.

We are grateful to our Board of Directors and to our staff who for fifty years have dedicated themselves to our clients, our mission, and the community.

We are grateful to our countless clients who work hard to move forward.
Quincy Community Action Programs, Inc. (QCAP) is proud to be the leading non-profit organization in the Greater Quincy area, dedicated to helping low- and moderate-income people improve the quality of their lives and lift themselves out of poverty.

Nearly 90% of QCAP households have income, work, are unemployed and looking for work, are disabled or elderly/retired.

61% of our clients are below 150% of the federal poverty level. The average household income of QCAP clients is $16,573.

In fiscal year ending September 30, 2014, QCAP served 19,512 unduplicated individuals and more than 8,200 households throughout our service area.
1964 Mayor Della Chiesa appoints 24 people to a local community action organization to “extend economic opportunities to citizens of Quincy.”

May 1965 Quincy Community Action Organization is incorporated. The President is William J. Trifone. Russell E. O’Connell is appointed as the first Executive Director.

1965 Head Start application filed and funded. The program was operated under a contract by the Quincy Public Schools. At this time, Head Start was an eight-week summer program for low-income preschool children.

1966 Seven “neighborhood aides” are hired to work in target neighborhoods to conduct a needs assessment and provide advocacy and referrals. The aides are themselves low-income residents of the neighborhoods.

1967 Quincy Community Action opens the Germantown Service Center at the Snug Harbor School.

1968 The South West Community Center is opened at 372 Granite Street in South West Quincy.

1969 First campership drive raises private funds to send low-income children to summer camp.

1970 Nutrition aides are hired to work in Germantown by Norfolk County Extension Service with grant funds from Quincy Community Action. Rosemary Wahlberg, mother of eight and resident of Germantown, is one of the aides.

1971 Quincy Community Action receives funding to start a Family Planning Clinic and to provide legal assistance on housing matters to low-income tenants.

1973 In response to the beginning of the energy crisis, the fuel assistance program is established to help low-income families heat their home during the winter.

1971 The Head Start program operated by the Quincy Public Schools is transferred back to Quincy Community Action, which gives responsibility for governing the program to the Head Start Policy Council made up of parents of children in the program. Former Head Start mother, Charlotte Jolle, is hired as the Director. Without any increase in funding, the program is transformed from an 8-week summer program to a 9-month program. To raise funds, the Head Start Policy Council sells “shares” of the program which entitle the bearer to “share in the fulfillment of early childhood education.”
The Quincy Community Food Co-op operates out of the South West Community Center. Membership is open to the public and members are required to work one hour every other week.

1977 The Weatherization Program is funded at QCAO to help low-income households conserve energy and reduce energy costs.

1983 The Quincy Free Restaurant is opened at South West Community Center to serve free, nutritious meals to individuals and families. The restaurant is featured on PBS’ “Frontline.”

1985 The City of Quincy awards Quincy Community Action $25,000 to further fair housing practices in the city. The Housing Program formally opens.

1988: QCAP receives funding to provide support services, outreach, and counseling to help adults complete education and skills training programs at area community colleges.

1988 Homeless Conference


1975 Rosemary Wahlberg is appointed Executive Director of Quincy Community Action.

1981 QCAP begins GED classes for Head Start parents.

1981 President Reagan “block grants” community action funding for states to use as they wish. Advocates succeed in ensuring that funds are designated for community action. The Community Service Block Grant is born.

1983 Ribbon cutting ceremony is held to mark the opening of the Emergency Food Center at the South West Community Center.

1986 QCAP purchases its first parcel of real estate at 388 Granite Street and successfully raises funds to develop its South West Community Center, including support from local developers, banks, and foundations.

1989 QCAP opens the Germantown Day Care Center in partnership with the Quincy Housing Authority. The center provides full-day/full-year Head Start services for working parents residing in public housing development.

The Great Society is a place where every child can find knowledge to enrich his mind and to enlarge his talents. ~Lyndon B. Johnson
1990 The South West Community Center reopens with an expanded Emergency Food Center.

1990 QCAP operates Adult Education Program through funding from the South Coastal Career Development Association.

1990 QCAP begins first time homebuyer workshops.

1992 QCAP approved as HUD Counseling Agency.

1993 The MA Education Reform Act establishes the Community Partnerships for Children program, which expands services to all preschool-age children, and provides limited child care subsidies for low-income families. QCAP becomes the lead agency for the CPC program in Quincy and Braintree, working with local councils to improve quality, accessibility, and affordability of early childhood services.

1993 QCAP purchases and develops its first affordable housing project (4 units) in Quincy Point.

1995 QCAP becomes the Massachusetts Department of Education funded Adult Basic Education (ABE) provider for Quincy and Weymouth.

1995-2000 QCAP purchases and renovates 3 more affordable housing projects in Weymouth and acquires 2 more affordable apartment buildings in Quincy.

1997 QCAP receives funding from the State Street Corporation to create a new Job Link Program that re-establishes its job readiness, placement, and support services.

1997 The Quincy Family Network program originates at QCAP with the involvement of Quincy’s Houghs Neck, Germantown and Atlantic neighborhood centers, the Quincy Commission on the Family, the Asian American Service Association, and Step One Early Intervention.

2000 QCAP is designated lead agency by the State to manage a $734,000 grant for homeless and near-homeless families in the Quincy, Plymouth, and Brockton region.

2000 QCAP receives funding from the State Street Corporation to create a new Job Link Program that re-establishes its job readiness, placement, and support services.

2000 The ABE program receives scholarship funds from the Massachusetts Department of Housing & Community Development so students may enroll in post-secondary education or job trainings.

2001 QCAP is a founding member of Quincy Asian Resources, providing services to the emerging Asian population in Quincy and the South Shore.

2001 QCAP receives an early Head Start grant to deliver comprehensive program services to families with young children ages birth to 3.

1999 Beth Ann Strollo is appointed as the fourth Executive Director of Quincy Community Action.

2000 The ABE program receives scholarship funds from the Massachusetts Department of Housing & Community Development so students may enroll in post-secondary education or job trainings.

2000 QCAP receives funding from the State Street Corporation to create a new Job Link Program that re-establishes its job readiness, placement, and support services.

2001 QCAP is a founding member of Quincy Asian Resources, providing services to the emerging Asian population in Quincy and the South Shore.

2001 QCAP, in partnership with local residents and faith-based organizations, and in collaboration with City government, successfully passes an Inclusionary Zoning Ordinance in Quincy, which will create more affordable housing.
The Great Society rests on abundance and liberty for all. It demands an end to poverty and racial injustice, to which we are totally committed.    ~Lyndon B. Johnson

**2002** The Housing Program is certified by AARP to provide seniors with Reverse Mortgage Counseling.

**2004** The Learning Links Cyber Café is opened designed to help low-income residents access computers and technology.

**2005** Quincy Community Action is designated as a Volunteer Income Tax Assistance site, helping low-income families claim tax credits and refunds and avoid poverty. Quincy Community Action purchases its main office building at 1509 Hancock Street in downtown Quincy securing the agency’s presence and accessibility to the community into the future.

**2007** QCAP becomes a United Way Partner Agency.

**2009** QCAP expands its weatherization and housing services with American Recovery and Reinvestment Act (ARRA) resources and begins to address the multitude of resident needs resulting from the 2008 Great Recession.

**2010** After a 15-year search, and with State Street Foundation seed capital of $300,000, QCAP purchases the St. Joseph School in Quincy Point and initiates a capital campaign to help defray the costs of renovations.

**2012** QCAP opens the new Rosemary & Archie Wahlberg Head Start Early Learning Center on Pray Street in Quincy Point. The new, state-of-the-art facility features 32,000 square feet of space with the capacity to serve 240 low-income toddlers and preschoolers, ranging in age from 15 months to 5 years in part-day and full-day programs. It has 16 classrooms, conference rooms, a commercial kitchen, space for physical, occupational, and mental health therapy, an outdoor playground, and a health examination room in which a dentist provides on-site services, such as cleanings and fillings.

**2012** The Housing Program helps families facing foreclosure to relocate or retain their housing, as part of the Massachusetts Attorney General’s Office Borrower Recovery Initiative.

**2012** QCAP hosts its inaugural Best Chef fundraiser, with Chef Paul Wahlberg taking home the title of “Best Chef” and Chef David Todisco winning “People’s Choice Chef.”

**2013** Quincy Community Action expands its weatherization and housing services with American Recovery and Reinvestment Act (ARRA) resources and begins to address the multitude of resident needs resulting from the 2008 Great Recession.

**2014** Division of Banks names QCAP Regional Foreclosure Center, helping families to avoid foreclosure and homelessness following the housing market collapse.

**2015** Quincy Community Action is awarded a $20,000 grant from the State Street Foundation to start the Create Your Career Institute, a series of job readiness workshops.
2013 The Emergency Food Center launches “Tasty Tuesdays,” a monthly cooking workshop designed to demonstrate how to cook healthy and tasty meals all on a budget.

2013 QCAP renovates its Learning Links storefront space as an early education learning center. The Learning Links Family Engagement Center provides free family engagement activities and workshops to area families and child care providers.

2014 As part of its triennial federal monitoring review, QCAP’s Head Start Program was found in 100% compliance in all rating measures and received high range CLASS™ scores in two out of three domains and middle range scores on the third domain. As a result, QCAP’s Head Start is one of the most highly rated quality and early education and care programs in the region.

2014 With funding from the United Way of Massachusetts Bay & Merrimack Valley, QCAP launches the Greater Quincy Financial REACH Center. The first-of-its-kind center on the South Shore helps individuals and families toward more secure financial futures by providing multiple services including financial education and coaching, credit counseling and repair, education and job readiness training, job search support and referrals, and free tax preparation.

2015 QCAP Celebrates its 50th Anniversary at the Adams National Historical Park in Quincy.
While President Johnson understood in 1964 that education can be a way out of poverty, fifty years later, it may not be a guarantee of a middle class wage. Today, almost three-quarters of Massachusetts low-income adults (over age 25) with incomes under the poverty line have a high school diploma, and in four out of every 10 families in Massachusetts living below poverty, the householder has some college education, or even a bachelor’s degree or higher. The majority of poor or near poor working age adults in Massachusetts do in fact work. However, the jobs available to them may not pay a living wage or offer essential benefits.8

We have entered an age in which education is not just a luxury permitting some men an advantage over others. It has become a necessity without which a person is defenseless in this complex, industrialized society. We have truly entered the century of the educated man.

– President Johnson

QCAP advocates not only to help low-income individuals attain employment, but to secure jobs that pay a living wage. QCAP provides a full continuum of support to help clients develop skills and advance in the respective career path, including a series of HiSET™ courses ranging from basic literacy to intensive exam preparation, and English as a Second Language courses. QCAP has been a community leader bringing together business leaders, adult education providers, local colleges and universities, community colleges, continuing education programs, and job training programs. Together we work to understand hiring needs and trends, and how to best prepare job seekers to take the next steps in their career path. Through our work, it was evident that students needed employment counseling, financial education counseling, as well as the benefit supports provided by our other programs and community partners to attain their goals. QCAP provides each student with education and career counseling, and has long provided financial education counseling to its clients. In 2014, with generous funding from the United Way of Massachusetts Bay and Merrimack Valley, QCAP was able to take these services to scale with the launch of the Greater Quincy Financial REACH Center.

Over the past 25 years, more and more poor adults have graduated from high school in Massachusetts

1990: Family Households

2000: Adults 25+

2011-2013: Adults 25+

Massachusetts educational attainment for people under 100% of poverty. 1990-2000 data from Decennial Census; 2011-2013 3-year estimate from American Community Survey, U.S. Bureau of the Census.

142 students received either Adult Basic Education or ESOL education and student counseling services.

In 2014, 641 low-income taxpayers received free tax preparation counseling and e-filing assistance. Of these, taxpayers identified one or more Federal or State Tax Credits with an aggregate value of $403,622.00.

106 students received ESOL education.

More than 60 individuals benefited from individual and comprehensive career counseling.

36 students received Adult Basic Education (ABE) services. Of those, 6 students passed the HiSet exam, 10 were promoted or secured employment, and 2 enrolled in college.
In November of 2014, QCAP and United Way of Massachusetts Bay and Merrimack Valley launched the Greater Quincy Financial REACH Center, the first center of its kind on the South Shore aimed at creating more opportunities for local individuals and families to overcome poverty and achieve more stable financial futures.

QCAP and United Way were joined by State Representative Bruce Ayers, State Representative Tackey Chan, and Dean Rizzo, President of the Quincy Chamber of Commerce, at the announcement.

Although QCAP has long provided adult education, workforce development, and financial education, the new funding allows QCAP to bring these services to scale to better meet the needs of our clients and match their skills with local employers. United Way is providing $300,000 over the next three years to operate the Greater Quincy Financial REACH Center at QCAP. The new center will focus on helping individuals and families toward more secure financial futures by providing multiple services and individual plans in one location. Services will include:

- Financial education and coaching, such as living on a budget, reducing debt and building savings and assets for the future
- Credit counseling and repair
- Education and job readiness training
- Job search support, referrals, and placement
- Free tax preparation

The goal is to help more families jump off the financial tightrope and become financially stable. In turn, that will help improve our clients’ access to quality health care, ensure that their children will also have a good education, and lastly that they will be strong, effective members of our community and local economy.

United Way selected QCAP as its partner because of its strong track record in providing adult education, financial education and free tax preparation to Quincy-area residents. The partnership also enables QCAP and United Way to develop inter-generational strategies that address the needs of the whole family by bringing together participants in QCAP’s Head Start, housing and adult education programs, among other programs.
Established in 1986, QCAP’s Community Care for Kids program ties together two deep-seeded themes from throughout QCAP’s 50-year history: The urgent need to secure employment that pays a living wage; and the importance of quality and affordable early education and care. Indeed, by creating the opportunity for families to afford quality early education and care, the introduction of the original child care subsidy legislation sought to eliminate a major barrier preventing parents from working. Moreover, it came at a critical time when women were entering the workforce for the first time. The program helped many mothers – and many single mothers – who previously had limited child care options to use their skills outside of the home, gain employment and/or go to school, and earn a living to help support their family.

Today, this program remains as important as ever. Massachusetts ranks as the most expensive state for center-based infant care at $16,430 in 2014, according to Child Care Aware of America. The high cost is no doubt due to the high quality of care in Massachusetts, as providers shift from being “day care” sites to professional and trained educators. However, a consequence of the high cost of care, is that it has started to reverse the decades-long trend of women entering the workforce, choosing instead to save on costs and care for their children themselves. For low-income families, particularly, single parents, this is not an option.

QCAP’s CCK program educates parents on their child care options, helping to select a provider that meets their needs, and provides them with a child care subsidy so they can continue to work or go to school. Staff also provide technical assistance to child care professionals to help them achieve national accreditation, Child Development Associate (CDA) credential, and upward movement on the Quality Rating Improvement System (QRIS). CCK’s Quincy/Braintree Family Network is the local Coordinated Family and Community Engagement Program (CFCE), funded by the Massachusetts Department of Early Education and Care, which provides a host of free parent engagement and early literacy workshops and activities that help parents develop their children’s learning skills and nurture their role as children’s primary caregiver and first teacher.
1,576 children received child care subsidies allowing parents/caregivers to work, attend school, or participate in training.

Hosted 231 family engagement activities including:

- **196 Playgroups** (Stretch-a-Story, New England Aquarium Traveling Tidepool Outreach Program, Storytelling, Mad Science, and other applied learning workshops).

- **35 Parenting Workshops** (Raising Healthy Children in an Uncertain World, Read and Rise, Building Sibling Harmony, Positive Discipline, Let’s Get Organized, Straight Up, and Family Financial Fun).

53 families received home visiting services designed to connect families with young children with information.
In the mid-1960s, one-fifth of American households had poor diets, with the share nearly doubling to 36 percent among low-income households.\(^9\) Thanks to the strong bipartisan commitment to reduce hunger and malnutrition, Congress created the first permanent Food Stamp Program in 1964 to provide monthly benefits to low-income families, particularly those with children, struggling to put food on the table. The introduction of nutrition assistance raised the percentage of Americans with nutritionally adequate diets. The Food Stamp Program, now known as SNAP, continues to be one of the most effective anti-hunger and anti-poverty programs in the United States. By lifting families above the poverty line and reducing food insecurity, SNAP improves nutrition, fosters child health and development, and strengthens the nation’s economy. SNAP kept nearly 5 million people out of poverty in 2012 alone.\(^10\) Without SNAP or the federally-funded school lunch program, child poverty nationally would be more than 30 percent higher.\(^11\)

**Emergency Food Center**

In 2013, the Emergency Food Center served 1,374 unduplicated households consisting of 3,131 people. Nearly 525,000 meals were provided to hungry families. 1,670 special holiday food orders were packaged and distributed during Thanksgiving, Christmas/Chanukah, Chinese New Year, and Easter. 251 households received help applying for SNAP/Food Stamps, and of these, 168 received benefits. 475 low-income children received holiday gifts through the 2014 Emergency Food Center giving program. 3,500 volunteer hours were donated by 90 volunteers.
At QCAP, one of our earliest grassroots efforts was the introduction of the school lunch program in Quincy Public Schools, a program that is now considered essential for low-income families, but at that time was considered controversial. Led by Nutrition Aide Rosemary Wahlberg, Germantown resident and mother of eight who would later become QCAP’s Executive Director, QCAP and its partners won a key victory in the fight against childhood hunger when the school lunch program was introduced by 1971.

Throughout our 50 years, QCAP has been a mainstay of Southwest Quincy and surrounding communities. As an emergency food assistance program, QCAP distributed food as part of the federal government’s former “cheese and butter” program. QCAP also hosted its Free Restaurant and Thrift Shop. Today, the Emergency Food Center is the largest food pantry in the Greater Quincy area, open five days a week and with evening hours to accommodate working families. The Food Center provides healthy and nutritious food, including fresh fruits, vegetables, and produce, and helps families with menu planning, assuring that families can still put healthy food on the table, even on a limited budget. Thanks to our partnership with the Greater Boston Food Bank and local grocers, QCAP can provide clients with a variety of healthy options at a significantly reduced cost to the program. The Food Center also provides SNAP application assistance and advocacy, one of the core programs of the War on Poverty. The Food Center also provides on-the-job training for those volunteers hoping to re-enter the workforce, and for students hoping to enter the workforce for the first time.

Fifty years later, with funding for SNAP and nutrition programs threatened perennially, QCAP continues to advocate on behalf of low-income families and the “food insecure.”

---

9 Sic.
In the wake of the energy crisis in the 1970s, the federal fuel assistance program was established to help families stay safe and warm during the winter. However, even today, the need for consistent federal and state fuel assistance resources is urgent. With sub-zero temperatures, the winter of 2014 made “Polar Vortex” part of our weather vernacular, while the winter of 2015 was one for the record books. Quincy, Weymouth, and surrounding communities on the South Shore experienced the highest snowfall totals in New England. Schools were shut down and public transportation was suspended. The result was a loss in wages as families either had to stay at home to care for their children, or were unable to travel to work. While QCAP was able to provide support with fuel assistance, we also saw an increase in households applying for rental assistance. Families who focused on keeping their homes warm could not afford to pay their monthly rent due to the loss in wages. However, even after the snow farms melted and spring gave way to summer, many residents are still facing shut-off notices. While utility costs have increased, the federal fuel assistance benefit has decreased, leaving Massachusetts families unable to pay their winter bills. This year, thanks to the support from generous funders - the Boston Foundation, National Grid, United Way of Massachusetts Bay & Merrimack Valley, and the Patriot Ledger Lend a Hand Program - QCAP was able to increase our support to families most in need.

A key component of QCAP’s Energy Program is the Weatherization Assistance Program (WAP). In the nearly 40 years of WAP, the program has helped millions of low-income Americans make their homes more energy efficient and reduce energy costs. In some cases, those improvements were the reason recipients could afford to stay in their homes.13

---

13 Stephen Lacy, “Why Weatherization Assistance Is So Important For America,” Think Progress. 9/2012.
238 households received home weatherization and appliance management services that improved efficiency and helped reduce energy costs. 243 households had their heating system repaired, maintained, or replaced improving household health and safety.

405 no heat emergencies

3,430 households were enrolled in telephone lifeline and/or energy discounts with an estimated aggregate savings of approximately $900,000.
Head Start

Head Start is a cornerstone program of President Johnson’s War on Poverty, who viewed early education and care as an opportunity for our children to escape poverty. Launched on June 30, 1965 as an eight-week summer program, Head Start has served more than 32 million children nationwide. QCAP’s own Head Start program has evolved and expanded since our start 50 years ago. QCAP’s Head Start program, one of the most highly rated Head Start programs in New England, is an early childhood education and care program serving low-income children ages birth to five & their families. Head Start not only provides quality early education and care for low-income children and their families, it also provides a nurturing, healthy, and stable environment for these children, many of whom face serious challenges and stresses in their home life. All students are low-income, some of have been homeless or are currently homeless. The high quality curriculum is tailored to meet their unique learning needs, offering a variety of learning experiences that include Mathematics, Science, Language and Literacy, Movement, Music, Creative Representation, Social Relations and Initiative. Services including education, health, nutrition, family support, and parent engagement services that are essential to ensuring that children, especially low-income students, are prepared to enter kindergarten ready to learn and have a solid foundation to promote their success in later learning. The program also supports families in meeting their goals toward self-sufficiency.

QCAP’s Head Start program continues to seek innovative opportunities in response to community need. In FY14, the Program embarked upon an innovative, comprehensive, and ambitious healthcare literacy initiative. The goal was to help parents become better caregivers to their children by improving their healthcare knowledge and skills, empowering parents in their decision making for the healthcare needs of their children, and building the self-esteem and confidence of the parents in meeting their parental objectives. The program – based on the book “What to Do When My Child Gets Sick” – armed parents with important health tips, training, and basic medical supplies, such as first aid kits and thermometers. The initiative helped parents care for their young families, including educating them on what they can do at home and when to call the doctor or go to the emergency room. By delivering this easy to understand, and culturally sensitive training to families, QCAP’s Head Start aimed to not only improve children’s health and attendance, but also empower parents to make more informed decisions about their child’s health and reduce the burden of unnecessary emergency room and clinic visits on our healthcare system. By being able to effectively care for children at home, and limit trips to the emergency room, families can also reduce medical costs and copays, helping them to direct their limited income on other necessities such as food, rent, and heat.
396 infants and children that participated in QCAP’s Head Start and Early Head Start programs made gains in school readiness skills, and their children’s health and physical development improved as a result of adequate nutrition.

50 families attended health training and school readiness training.

396 infants and children obtained age appropriate immunizations, medical and dental care.

401 children received physical health screenings. 22 children with specific medical conditions received followup and support to help them manage their condition.

Conducted 205 vision screenings and 215 hearing screenings.

Conducted 396 on-site dental examinations including fluoride rinse, screening for dental caries, and in some cases sealants and fillings.
For nearly our 50-year history, our clients have identified the need for safe and affordable housing as the most pressing need of low-income individuals and families. In 2014, QCAP conducted its most recent Strategic Planning Process. In response to our community survey question “Which services are the most difficult to find and access in your community”, “affordable housing” topped the list again, with 46% of respondents choosing this item. The results are not entirely surprising as Boston ranks as the 3rd most expensive rental market nationwide. In Quincy, the market rate for a two bedroom apartment is $1,500 to $2,000. Compare that to the average annual salary of $16,573 and it’s easy to understand how families – even households with two incomes – struggle to pay rent, not to mention other costs, such as food, heat, and child care.

QCAP has long been a leader in the fight for affordable housing and services to prevent homelessness, advocating for critical initiatives and funding, developing its own affordable housing properties, now totaling 49 units, and serving as the Fair Housing Counseling Agency for Quincy. In more recent times, QCAP has come to the aid of families facing foreclosure after the 2008 housing collapse, helped first time homebuyers attain their dream of homeownership, and helped families in shelter secure safe, stable, and affordable housing. The Housing Program is the most comprehensive housing program in Greater Quincy area, annually receiving commendation for its proven track record in supporting families.
In FY 14, QCAP’s Housing Program was selected by the Massachusetts Attorney General’s Office and Citizens’ Housing and Planning Association (CHAPA) to lead the Community Based HomeCorps initiative in Norfolk County. Working directly with families and individuals facing foreclosure, QCAP assisted residents with loan modification related services, including counseling to help homeowners understand their rights and options, and advocacy with mortgage lenders. In addition, QCAP provided budgeting and financial counseling, homelessness prevention and stabilization services, and connected residents to other resources, including health care and legal aid.

In a Snapshot

1,956 households received assistance from QCAP’s Housing Program in 2014.

930 households received housing information and referral services.

In addition, 409 homeless families in motels received comprehensive assessments, of which 117 were placed into permanent housing and received stabilization services; an additional 61 families were prevented from becoming homeless or moved from a homeless situation into stable, affordable housing.

89 households received mortgage foreclosure counseling, 14 of those were able to keep their homes, and the balance are still in counseling.

156 households learned about buying a home through the First-Time Homebuyers program.

146 clients attended the Affordable Housing Workshops. Of these, 82 received assistance completing and mailing applications.

83 seniors received reverse mortgage counseling.

49 QCAP-managed units of safe and affordable housing for low-income people.

Lack of low-income housing hits home for poor.
FUNDING SOURCES:
U.S. Department of Agriculture (USDA)
U.S. Department of Energy (DOE)
U.S. Department of Homeland Security-Emergency Food & Shelter Program (EFSP)
U.S. Department of Health and Human Services- Administration for Children & Families
U.S. Department of Housing & Urban Development (HUD)
U.S. Department of the Treasury - Internal Revenue Service (IRS)
Massachusetts Dept. of Housing and Community Development (DHCD)
Massachusetts Dept. of Early Education & Care (EEC)
Massachusetts Dept. of Elementary & Secondary Education
Massachusetts Attorney General’s Office (AGO)
Massachusetts Division of Banks
City of Quincy
Town of Weymouth
South Shore Workforce Investment Board
Project Bread
United Way of Massachusetts Bay & Merrimack Valley
State Street Foundation
Braintree Electric Light Department
National Grid
Eversource

CONTRACTING/PASS-THROUGH AGENCIES:
ACTION, Inc. (National Grid)
Action for Boston Community Development (EEC/Eversource)
Catholic Charities South (EFSP)
Citizens’ Housing and Planning Association (AGO/HUD)
Friends of the Homeless of South Shore (DHCD)
Massachusetts Association for Community Action (IRS/AGO)
Metropolitan Boston Housing Partnership (DHCD)
South Shore Housing Development Corporation (DHCD)
University of Massachusetts Medical Center (USDA)
Thank you Employees

Administration
Beth Ann Strollo,  
*Executive Director*
Anna B. Slavin,  
*Chief Financial Officer*
Susan Fitzpatrick
Ralph Gioncardi
Elizabeth Hannon
Susan Harrington
Eileen Liu
Karen Murray
Martha Rogers

Adult Education & Workforce Development
Financial REACH Center
Rita Brutto
Daphne Chen
Carolyn Corcoran
Emily Decantur
Margaret Doherty
Paul Gagnon
Karen Gurry
Keisha Mateo
Lisa Opuka
Isaias Sarmiento
Gail Slater
Karen Smith
Barbara Wells

Community Care for Kids
Christine Coyne,  
*Program Director*
Lisa Davidson
Muriel Delorey
Joan Devine-Rodeck
Sheila Krausert
Jennefer Raymond

Emergency Food Center
Melinda Alexander,  
*EFC Coordinator*
Michelle Call-Gomes
David Karales

Energy Program
Lauren Ruxford,  
*Program Director*
Donna Brennion
Christopher Cabral
Tara Campbell
Phillip Chwalek
Janet Donovan
Marilyn Klein
Shilo Melanson
Marjorie Schwendenman
Shirley Tsang
JoAnn Yuska

Facilities & Properties
Susan Keenan,  
*Program Director*
Isidro Hernandez
Leonard Ware

Head Start
Anne Leister,  
*Program Director*
Karen Akins
Brianna Alexander
Beletu Angagaw
Victoria Bankowski
Mary Bannen
Sean Bannen
Cristina Barletto
Judith Barry
Maureen Benner
David Bland
Kaitlyn Bollen
Mary Brooks
Michelle Brosnan
Barbara Brown
Shannon Caballero
Heather Case
Joanne Casey
Joy Cartron
Judy Cheng
Gerry Connaughton
Carolyn Conti
Nancy Craven
Nancy Dean
Kathleen Donnelly
Kimberly Elliott-Isabel
Margaret Faletra
Helen Ferullo
Jenna Fiasconaro
Nicole Gonzalez
Angela Goossen
Deborah Gray
Emily Griffin
Michael Griffin
Lisa Griffin
Wilma Herrera
Deborah Houston
Ajshe Hyseni
Dailla Kacioui
Nicole Kantor
Megan Kennedy
Cowina Lam
Maria Lawler
Katarina Lee
Anne Leister
Nancy Leister
Traci Lipson
Justin Lore
Keri Luggelle
Tracy Lundin
Jamie Luong
Bethany Lyons
Carolyn MacDonald
Anne MacEachern
Paula Malger
Honora Matthews
Kelly McDaniel
Carole McDonough
Valerie McNally
Tina Muir
Jessica Murray
Melinda Nguyen
Klodiana Nikolla
Barbara O’Brien
James Opanases
Shannon Orseno
Sofiya Padela
Chantel Parisien
Alicia Perkins
Mary Provenzano
Maryam Regan
Keather Reichel
Irene Richardson
Lynn Riley
Patricia Rogers
Denise Ronan
Warda Sarofeeem
Diana Satterfield
Denise Shea
Kathleen Spencer
Stacey Sutton
Maureen Taylor-Lewandowski
Cynthia Trillcott
Emilinda Vazquez
Chris White
Janet Widdop
Pamela Wong
Wendy Wong
Amy Wood
Mark Woods
Maggie Yeung
Joanne Yung

Housing
Carolyn Sheppard,  
*Program Director*
Tara Anderson
Sheila Correia
Keely Elta
Toni Gershon-Stern
Fabiola Hyppolite
Jill Joyce
Gisela Hyperlute
Nancy Leister
Melinda Nguyen
Klodiana Nikolla
Barbara O’Brien
James Opanases
Shannon Orseno
Sofiya Padela
Chantel Parisien
Alicia Perkins
Mary Provenzano
Maryam Regan
Keather Reichel
Irene Richardson
Lynn Riley
Patricia Rogers
Denise Ronan
Warda Sarofeeem
Diana Satterfield
Denise Shea
Kathleen Spencer
Stacey Sutton
Maureen Taylor-Lewandowski
Cynthia Trillcott
Emilinda Vazquez
Chris White
Janet Widdop
Pamela Wong
Wendy Wong
Amy Wood
Mark Woods
Maggie Yeung
Joanne Yung

QCAP’s dedicated staff has been the backbone of our organization for 50 years. They are driven by a true commitment to our clients, our mission and the communities we serve.
Melinda S. Alexander,
Emergency Food Center Coordinator

Melinda Alexander joined QCAP eight years ago, first as the Administrative Assistant to the Executive Director, and, since 2012, as the Emergency Food Center Coordinator. It is in this role that Melinda was able to join her love of helping people with her passion for food. Melinda’s commitment to her clients, to QCAP, and her zest for each day is evident. She comes in early, particularly when she needs to meet the delivery truck from the Greater Boston Food Bank, rolling up her sleeves to unload 5,000 pounds of food. Melinda often stays late to meet clients, a big help especially to working clients who may be rushing to the Food Center from their shifts. With a big smile and hug, she assures that every family has the ingredients for a family dinner. During the holiday season, Melinda finds even more drive and strength, coordinating with local grocers and donors to distribute more than 1,200 holiday food orders, including turkeys and fixings. This is no small undertaking. Melinda has also expanded the gift giving program to benefit hundreds of children of client families. Under Melinda’s leadership, the Food Center remains an essential hub of support to the community. Whether a client or neighbor, it is not uncommon for folks to pop in and say hello to the friends at the Food Center.

The Emergency Food Center relies on the support of volunteers to help carry-out its day-to-day activities. Melinda has done an amazing job of expanding this talented group, including corporate volunteers, community members, and college and high school students and interns. They too are inspired by her passion. A special part of the Food Center’s mission is providing on-the-job training to clients hoping to acquire experience in the workplace. Melinda is a leader, mentor, listener and motivator, encouraging volunteers to use and improve their skills and gain new ones, and providing counseling and services to ensure they can meet their goals. Everyone leaves there with a sense of pride of giving back to the community.

In April 2013, Melinda translated her training, and tapped into her own knowledge and love of cooking, into nutritional and budget planning workshops, called Tasty Tuesdays. In April 2014 Melinda received the Mayor’s Community Service Award for her steadfast dedication and unwavering commitment to the individuals and families served at the Food Center. Melinda’s participation in the City of Quincy’s “Opportunity Quincy Initiative – leading focus groups and mentoring youth volunteers at the Food Center – showcases a true public servant as Melinda serves as a role model for so many co-workers, volunteers, and clients. Melinda demonstrates professionalism, dedication, and a true sense of compassion for the clients she serves. We are truly honored to present Melinda Alexander with the 2015 Lois Craig Memorial Award.
Renee Sword,
Shelter Coordinator, Housing Program

Everyone needs someone in their corner to lift you up when you fall down, and to help you keep fighting for a better life, even when you think you can’t anymore. For QCAP’s homeless clients, that person is Renee Sword.

As the Shelter Coordinator, Renee works with homeless families who have lost everything – their homes, their jobs, and even their sense of self. It is easy to be overwhelmed by what the future will hold. Renee works directly with these families, providing encouragement, assistance, advocacy, hope, dignity, and respect in their search for safe and affordable housing.

With the Boston-Quincy area ranked as the third most expensive rental market nationwide, it is challenging for many residents – even those with gainful employment – to afford rent. For homeless families, their housing options are significantly limited. But this does not stop Renee from motivating her clients. Over the years, she has mastered the ins and outs of the application process and required paperwork. She works diligently with them to assure that all of the details of the application process are submitted on time and accurately. Renee is a unique and effective advocate for her clients, accompanying them to housing appointments, lending her knowledge and support on behalf of the client. Renee is an expert in knowing how to engage community partners – from attorneys to donors – in order to help clients secure housing.

Renee also works hard to alleviate the many other stresses in her clients’ lives so they can remain focused on their goal of housing. As the Housing Program’s Cradle to Crayons liaison, she ensures that all of the children have clothes that fit and are seasonally appropriate, and that they have backpacks and other supplies for school. Many families do not have transportation; Renee will drive them to the grocery store or even to grab a cup of coffee as a temporary respite. She helps clients to manage their budgets and look toward their future goals, and connects them with services and resources to ensure that all of their needs are met.

Renee is also very committed to the Housing Program and to QCAP. Although busy with her own job, she never refuses to offer a helping hand to her colleagues, taking on additional responsibilities when asked, including serving as a go-to staff person at QCAP’s Best Chef fundraiser every year. Renee is a regular volunteer at the shelter where she works, particularly at their annual holiday dinner, ensuring that families have a special celebration. If home is where the heart is, Renee certainly gives all of hers to each family that she serves.

It is with great pride that we present Renee Sword with the 2015 Lois Craig Memorial Award.
Thank you Volunteers

QCAP thanks the following volunteers for their significant contributions to our mission, clients, and the community. Their dedicated support makes QCAP’s broad range of services possible.

Administration
Rebecca Liu

Adult Basic Education & Workforce Development
Ella Connaughton
Andy Liao
Rebecca Liu
Sarah Mostafa

Milton Academy
Ellen Askey
Will Fitzpatrick
Clementine Wiley

Norfolk County RSVP
Linda Kennally
Lyle Mark
Holly Matisis
Trish Pieroway
Susan Rich
Pat Sullivan

Emergency Food Center
Annette Akeredolu
Mark Alexander
Donald Allison
Mirela Berberi
Robert Box
Michelle Bradley
Hank Brancaccio
Lillian Burke
Dawn Burton
Marian Bushey
Sean Butler
Robin Cecchet
Michael Ciceroni
Robert Coy
Edgar Cruse
Candace Cullum
Alain Dossous
Leroy Dunn-Gordon
Briana Ellison
Christopher Etter
Zachery Falco
Tamara Fils-Aime
John Good
Jackie Goodfellow
Patti Hoversten
Sydney Hoversten
Charlotte Hughes
Kevin Johansen
Dyani Joyce
Youssef Kirama
Carole Landers
Joseph Lavezzo
Adam Livingston
Richard Mason
Stiv Mucolliari
Niamh Mwafulinwa
Meghan O’Boyle
Michael O’Connor
Linda Olsen
Terence O’Toole
Gary Paluzzi
Vincent Parente
Lisa Patacchiola
Sarah Patacchiola
Mixon Philip
Jean Pike
Ruth Prime
Stacy Pyne
William Reilly
Gerald Santana
Diane Sawin
Michael Scibilio
Teresa Sheedy
Alex Soricelli
Carol Soricelli
Deborah Stettler
Denise Valentine
Brigitte Vasquez
Wendy Vasquez
Shayne Waltz
Franklin Witherspoon
Abby Yancovitch
Ziging Zhang

Blue Cross Blue Shield
Tom Magri

Harvard Pilgrim Health Care
Meg Barclay
Nancy Buckley
Lauren Candler
Billie Jo Churchill
Gary Cole
Mike Cote
Natalie Cunningham
Rose Depolito
Sarah Farr
Billie Jo Fitzgerald
Tracy Halle
William Jack
Maura Leroy
Marianne Shuma
Rhonda Starkey
Mark Yerkes

Merrill Lynch
Susan Beagle
Chad Brown
Haley Brown
Ashlyn Kelly
Bryan Kelly
Robin Kelly
John Langrill
Kathy Langrill
William Langrill
Paul Nylen
Jennifer Schoech

Norfolk County RSVP Program
Dottie DaPonte
Joseph Donovan
Nancy Kenny
Patricia Stockbridge

Premier Research Group
Ann Conner
Keith Fine
Daniel Lazarovich
Brandy Longacre
Tara Meehan
Christine Mulligan
Tejas Patel
Ajay Sadhwani
Cheryl Silva

Voya
John Bacon
Tracy Bates
Kimberly Daly
Lisa Dillahunt
Kyle Kerkhoff
Carla Loome
Julie Meade
Mary Ozturk
Quyen Pham
Robert Piscatelli
Frank Rubino
Kevin Rynne
Kelly Sileo
Darlene Soares

Energy
William Connors
Julie Filbotte, Senior Community Service
Employment Program
Bernice Morris
Wes Mudgette

Facilities & Properties
Boy Scouts Troop 22,
First Congregational Church of Braintree
Head Start
Taina Acevedo
Ruseil Authman
Maureen Beveridge
Shareca Branford
Quandra Campbell
Robert Cherubino
Syndie J Cine
Meaghan Collins
Karla Costa
Charlotte Currie
Kelly Dellamano
Antoinette DeLuca
Dr. Anthony DiNapoli DDS
Rebecca Fahey
Lisa Furtado
Jennifer Galipeau
Judi Galvin
Daniel Giachetti
Judy Gillis
Denise Graziano
Christeen Henen
Jessie Jasie
Deborah Jeremie
Jennifer Kirby
Nicole Krulikowski
Ana Leal
Keryn Leblanc
Steve Lewandowski
Carol Lipson
Laura Matthews
Rebecca Michel
Jacquelyn Muh
Sara Pearson
Heather Pettine
Ivy Pham
Katie Piper
Diane Poor
Daniel Preston
Danielle Preston
Tammy Pyne
Diana Rodriguez
Megan Smith
Jennifer Steinberg
Yuk Yuan Tsai
Linda Van Praet
Sheila White
Chung-Wei Yin
Aneta Zajchowska

Housing
Bridgewater State University
Amanda Goguen
Meaghan McDonald
Heather Wakefield
Katie O’Brien

UMASS Boston
Jessica Benoit
Briana Bizokas
Fritzar Charles
Benigna Marrero

University of
Southern California
Sheila Purdie

Volunteer Income Tax Assistance Program
Don Allison
Meaghan Attardo
Dona Blunt
Conniffer Campbell
Xiaolin Chang
Farah Charles
Katherine Chiang
Yangqin Deng
Peter Donohoe
Ashwini Godbole
James Green

Jude Gustave
Xu He
Katelyn Hin
Xiaochun Huang
Yukun Huang
Tram Huynh
Michael Iacovello
Geoffrey Johnson
Kanchan Kataria
Kevin Koelsch
Ling Le
Tien Le
Yan Li
May Lui
Stephen Matson
John McLaughlin
Joy Moussouttas
Elias Mulugeta
Thuy Pham
Alvin Rong
Raquel Saito
Christina Sullivan
Ngo Tac
Claude Theodat
Anna Tran
Annie Tran
Thao Tran
ZhenHui Wen
Chengling Xu
Cindy Yeung
Shuwing Yung

Blue Cross Blue Shield/Private Industry Council
Student Interns
Louis Brantley
Ysabel Cuellar
Tamara Fils-Aime
Aniyah Hill
Christina Munoz

Christopher Narcisse
Michelle Vasco

Best Chef Event
David Andelman,
Phantom Gourmet
Blue Cross Blue Shield
Blue Crew
Quincy High School
Culinary Arts Program
Launched in 2012, the Best Chef annual fundraiser showcases the talents of local celebrated chefs who are tasked with creating gourmet dishes on-the-spot using ingredients typically provided by QCAP’s Emergency Food Center. The chefs and their restaurants not only put on an amazing show but they also generously donate their time and culinary creations for our guests. The event highlights the challenge our clients face every day with putting together healthy meals while on a budget.

The Third Annual Best Chef competition was held on Thursday, October 9 at Granite Links Golf Club. Chef Tony Derienzo, Executive Chef of Abby Park in Milton, came away victorious as the 2014 Best Chef, and Chef Joel Hathaway of the Neighborhood Club of Quincy won “People’s Choice” Chef. There were joined by Chef Ming Cao of the Fuji Group and Chef Paul Wahlberg. Emceed by Dave Andelman of the Phantom Gourmet, the event raised more than $120,000 in funds to benefit QCAP.

This year’s menu – which was kept secret from the chefs until they were unveiled at the event - included ground turkey, canned potatoes, corn flakes, raisins, and marshmallows. The chefs were further handicapped by their cooking equipment, which included only a convection oven and a handful of portable burners, and the clock, ticking away 30 minutes to cook.

The dishes were rated on taste, plating, and how well they used the secret ingredients. The panel of judges included Maria Allen, managing editor, South Shore Living; Leah Mennies, food critic, Boston Magazine; Chef David Todisco, executive chef of Granite Links Golf Club and 2013 Best Chef; and Barbara Isola, Quincy School Committee, and host of QATV’s Into the Frying Pan.

The chefs were paired with a celebrity chef, who helped to rush ingredients for their chefs from the Mobile Pantry. Donning the celebrity chef aprons were Senator John F. Keenan, House Majority Leader Ronald Mariano, Rep. Bruce J. Ayers, Rep. Tackey Chan, and Rep. Walter F. Timilty.

The night also featured raffles and live and silent auctions, including accommodations in Aruba, New England Patriots Putnam Club tickets, a diamond necklace, donated by Rogers Jewelers in Quincy, and a private dining experience, donated by Chef Paul Wahlberg. Major sponsors included Bank of Canton, Chicken of the Sea, State Street, Stop & Shop, Wells Fargo, Woodard & Curran, Granite Links, the Law Office of George Burke, Eastern Bank, Loomis, Sayles & Company, Murphy, Hesse, Toomey & Lehane, Mutual of America, Quincy Mutual, and Rockland Trust, among others.
Throughout our 50 year history, QCAP has been grateful to our community – residents, leaders, partners, businesses – for rallying around important causes and helping us to raise critical funds to support our programs, including the development of affordable housing properties in Quincy, the transformation of the St. Joseph School into our new Rosemary & Archie Wahlberg Head Start Early Learning Center, and our most recent annual fundraiser – the Best Chef competition. Thank you for your generous support.

**Individuals**

Debbie Abrahams
Diane Acorn
Mark & Melinda Alexander
Dave Andelman
James & Carol Andersen
Terry Angeley
Kathleen Armstrong
Jack & Kim Arouca
Wendy Arsenault
Rep. Bruce & Maureen Ayers
Thomas J. & Diane K. Bailey
John & Grace Barr
William & Nancy Barron
Susan Bean
Sheriff Michael & Gayle Bellotti
Rev. Sheldon W. & Mary Bennett
Michael & Mary Berry
Judith Bettencourt
Richard Blanchard
Lynn Bogle
Paul Bolger
Rep. Garrett Bradley
Donna Brennion
Henry J. & Lucille Brett
Maureen Briggsette
Ryan & Laura Brooks
Wendy Browne
Margaret M. Buchanan
Peggy Kelly Buresh
George G. Burke, Esq.
James Callahan III
Jay Cashman
James J. Cassetta
Robert Cassidy
Patricia Castaneda
Robert & Jennifer Celata
Rep. Tackey Chan
Lawrence & Karen Chretien
Donna Ciccone
Frank Cincotti
Eric Clark
George & Patricia Clark
Cheryl Cochran
Alicia Coletti
Thomas Collins
Thomas W. Colomb, Esq.
John Comer
Francis & Stacy Connell
Sandra Connelly
Christine Connolly
Paul & Patricia Connolly
Treasurer Joseph Connolly
Michael Cotter
The Honorable Mark Coven
Helen Cowan
Berry Cox
Christine Coyne
Dennis Coyne
Joseph Coyne
Judith Coyne
Harold Crowley, Jr.
Howard & Janet Crowley
Candace Cullum
Andrew Currie
Peter & Charlotte Currie
William & Denise Daisy
Edward & Dawn D’Alelio
David & Ingeborg Damm-Luhr
Maria L. DeBoris
Kenneth & Mary Decker
Joanna Degnan
William D. Delahunt
Christine Delano
Nancy Delisle
Steve & Rea Delorey
Sandra Deneault
Stephen P. DesRoche & Ann E. Freeman
D. Reed & Paula Dickinson
Lori Digiaetano
George M. & Mary R. Doherty
Paul & Margaret Doherty
Tracy Donehue
Peter Donohoe
Joseph Donovan
Phyllis Donovan
Elin Dorsey
Linda Duffy
& Stephan Arsenault
Vanessa Edouard
James Edwards
Maureen Faherty
Susan Fahey & Barbara Fahey
Marion Fantucchio
John A. & Judith E. Farmer
Joseph & Eileen Feeney
Steven Ferreira
Keith Fine
Councilor Joseph Finn
Robin Fischer
Edward & Norma Fitzgerald
Susan Fitzpatrick
Stephanie Fitzsimmons
Collette Flaherty
Kelly Ann Bagley French
Tracy Gallagher
Louis Gangi
Paul & Imelda Gennett
Robert A. & Rosemary Gilbody
Barry Gilfeather
Daniel J. & Patricia B. Gillis
John M. Gillis
Ralph Giovannetti
Joseph Giso
Lawrence N.
& Mary R. Glazier
Phyllis Godwin
Betsy Gold
Ronald Goodman
Angela Goossen
& William Iaconelli
Paul & Francine Govostes
John Graham & Mary Weafer
Michelle Greene-Allen
Michael F. Grindlay
Karen Gurian
Craig Halvorson
Monique Hankinson
Elizabeth Hannon
The Honorable Walter J. & Patricia Hannon
Sondra Hardy
Dennis Harrington
Ed & Susan Harrington
Jennifer Healy
Gerard & Joan Hegarty
Ed Hohmann
Patti Hoverson
Mike Iacovello
Patricia Jannotta
Dennis & Michelle Jones
Jill Joyce
Kelley Joyce
Mary Beth Kabat
Mark & Sandra Kebadjian
Sen. John F. Keenan
Susan & Brittany Keenan
Timothy & Joline Kelley
Jack Kelly
John Kelly & Ellen Kane
Mary L. Kelly
Thomas Kelly
Paul K. Kennedy
Jean Kenney
& Uncle Sam Rounseville
Nancy Kenny
Richard Klein
Craig & Jennifer Klein
Mayor Thomas P. Koch
Sheila Krausert
Councilor Margaret LaForest
Karen &Michaela Lam
Sandra Landstrom
Marie Lane
The Honorable Joseph LaRaia
Helen Lau
Peggy Lee
Lauren Leydon
Andrew Liao
Eileen Liu
Xiaying Liu
J. Lorusso
Anthony & Mary-Ellen Losordo
Scott & Kristine Ludwig
Congressmen Stephen F. Lynch
Joan Macellaro
Robert & Jean Mackey
David P. Mahoney, Esq.
Trung and Emma Mai
Rep. Ronald Mariano
William & Deborah Marini
Michael & Patricia Marshall
Kevin Matta
Diane Maturo
Thank you Donors (cont.)

Timothy McAloon, Esq. & Barbara Isola, Esq.
Margaret McArdie
Keith & Grace McAuliffe
The Honorable Francis X. & Sandra J. McCauley
Donald E. & Sally M. McCusker
Paul McDevitt
Eugene & Nancy Megricry
Janet E. McKeen
Daniel J. & Maureen McKenna
Mark J. & Colleen McLaughlin
John McMann
Tom Mendelsohn & Julia Gittleman
Christopher & Heidi Meyers
Julie Mills
Jerold Mogul & Sheryl Adlin
Linda Monaco
Walter R. Monahan
James R. Moran
Richard & Barbara Morris
Ronald & Sandra Morrison
Anne Morrison & John Sheskey
Douglas W. & Michelle K. Moseley
Pamela Motley
Warren Mroz
Jeremiah & Denise Mulcahy
James Murano
James B. & Judith Murdoch
Arthur P. Murphy, Esq.
Kathryn M. Murphy, Esq.
John & Linda Murphy
Dale Musgrave
Jason Iacovelli Newell
Robert Noble
Christopher Norton
David & Marie Norton
Thomas & Rita Nutley
Arthur O’Brien
Barbara O’Brien
Daniel & Cynthia O’Connell
Russell E. O’Connell
David & Mildred O’Connor
Angela Osias
Valarie Palmer
Cosmo & Jane Papa
Laurie Parrish
Marianne Peak
William R. & Mildred L. Peters
Roxann Picard
Eric Plismlaker
Frank Poon
Robert & Merrill Puopolo
Peter & Linda Racicot
Michael Raimondi
Jenene Raymond
Joseph Reggiani
Lauren Rexford
Paul J. & Marion M. Ricca
Thomas Rice
Martha Robinson & Shirley MacDonald
Joan Rodeck
Martha Rogers
Robin Gorski Routhier
Roseann Russell
Donna Salem
Angelito Santos
Anthony & Susan Scopelleti
Susan Setterland
Risa Shames & Neil Silverston
Joseph P. & Josephine E. Shea
Joseph D. & Marie A. Shea
Jennifer & Frank Sheelan
Carolyn Sheppard
Kenneth Shurtleff
Sandra Sines
Trevor Singleton
Anna B. Slavin
Michael & Jane Smeglin
Peter & Cynthia Smellie
Laura Smith
Derick & Elizabeth Spath
Alda Stankewicz
Beth Ann Strollo & Mark Norton
Larry & Bonnie Strollo
Timothy J. & Regina M. Sullivan
David & Karen Swan
Mary T. Sweeney
Venson & Betty Tang
Thomas Tesoro
Linda Tierney
Mark & Anne Tierney
Rep. Walter Timilty
P.J. & Michelle Timmins
The Honorable Arthur & Shirley Tobin
Brian & Lynn Tobin
Donald P. & Donna Uvanitte
Denise Valentine
Deborah Vargas
Kathleen & Nicklas Varraso
Robert & Christine Vincent
Rosemary & Archie Wahlberg
Alfred Wahlberg
Chef Paul Wahlberg
Richard & Carol Walsh
Peter & Janice Walters
George S. Watson
Jay & Linda Webber
Geoffrey Wermuth, Esq.
Joseph & Wendy Whalen
Mark & Judith Whitcher
Donald & Terri White
Carolyn Williams
Kathy Walsh Winters
Robert Woods III
Wan Wu
Betty Yau
Ann Yeomans
Jianshu Zhu

Businesses, Organizations, & Foundations
1000 Southern Artery

Peter Park
ABCD
Adams Heights Men’s Club
Adams National Historical Park
Advanced Windows, Inc
Alba Restaurant
Allure Med Spa & Salon
Alma Nove Restaurant
Alma’s Kids
Anderson Bicycle
Andrew Mariner Photography
Anodyne Medical Services
Arbella Insurance Group
Charitable Foundation
Atlantic Middle School
Aura Salon
B. Makeup & Brow Boutique
Baird Associates
Bank of Canton
Bargman, Hendrie + Archetype
Bell Stoughton
BJJ’s Wholesale Club – Quincy
BlumShapirio
Bonsai Inspection Company
Boston Financial Data Services
Boston Gear Retiree’s Activity Club
Boston Marriott Quincy
Brantree Cooperative Bank
Bridge Street Tire & Alignment
Bridget’s Dance Studio
Bushrod Campbell & Adah Hall
& Charity Fund
Call’s Tanning Salon
Campbell Electric
Can Am Consulting
CBIZ Tofias
Chicken of the Sea
Citizens Bank
City Fuel Corporation
Clifford Marshall Elementary School
Coffee Break Café
Colonial Federal Savings Bank
Columbus Hospitality Group
Commit 2B Fit
Common Market
Commonwealth Building
Condon & Wealth Real Estate
Connected Living, Inc.
Copeland Family Foundation
Curry Hardware
Delahunt Group
Department of Massachusetts/Consolidated Fund Raising
Di Pesa & Company
Domenic the Union Caterer
DTZ
Dunkin Donuts
Eastern Bank Charitable Foundation
Employees of Bank of America – Bridgewater, MA
Employees of Bank of Canton
Employees of Blue Hills Counseling & Psychiatric
Employees of Boston Financial Data Services
Employees of CBIZ Tofias
Employees of Eastern Bank – Quincy
Employees of Fallon Ambulance
Employees of Granite Medical
Employees of Granite Telecommunications
Employees of Harvard Pilgrim Health Care
Employees of J. Jill
Employees of Murphy, Hesse, Tooney & Lehane
Employees of National Fire Protection Agency
Employees of Premier Research Group
Employees of Quincy Credit Union
Employees of Quincy Mutual Fire Insurance Company
Evero Corporation
Fallon Ambulance
Fallon Community Health Plan
Feenan Financial
Although we have made every effort to ensure the accuracy of the list of donors, we sincerely apologize in advance for any misspellings, omissions, or other errors. Please inform us of any errors by calling the Development Office at 617-657-5308 so we can correct our records. Thank you for your understanding and for your generous support of QCAP.
**Board Tribute Grace Raymondi**

QCAP pays tribute to Grace Raymondi, a tireless advocate, volunteer, and Board of Director. Born and raised in Wollaston, Grace moved as an adult to Germantown with her three young children. There, Grace became a leader in the community, advocating for tenants’ rights and affordable housing, as part of her role on the Harborview Tenant Association. She considered all of the families to be her family, and was always there if help was needed. In the quiet way she was able to pull the community together, the *Patriot Ledger* described her as “more than just part of the fabric of her community; she’s more like the connective tissue.”

In earlier years, Grace was a faithful volunteer at QCAP’s South West Community Center. Again, she helped to make that important connection so that clients could access resources and services. Grace could be counted on to join QCAP to support issues that were critical to low-income families. She lent her voice during Strategic Planning discussions, held signs outside of polling locations, attended rallies at City Hall and the State House, and even boarded a bus to go to New York City when workers’ rights were threatened nationally. In 1993, Grace was elected by her neighbors to serve on QCAP’s Board of Directors, where she further shaped programs and policy, and served as Secretary to the Board from 2010 to 2013.

In looking back at her time with QCAP, Grace recently said that she was inspired by the many great causes and was “grateful to have been a part of it all.” Grace, it is you who inspires us. On this occasion of your retirement from the QCAP Board of Directors we thank you for your dedicated years of service to the community action mission.

**In Memoriam Jean Wilkosky**

In 2015, QCAP lost a beloved member of our family: Jean Wilkosky. Since her start at QCAP in April of 2000, Jean relished in her role as a bus aide in our Head Start program. She was the first to welcome the students onto the bus every morning, and she truly enjoyed their daily interactions and conversations together on their ride to and from school. With her warm and outgoing personality, she became a friend to many families whom she saw every day. Jean was the person they entrusted their littles ones with at the beginning of the day, and who safely returned their children after a full day of fun activities at Head Start.

Jean really enjoyed the holidays and associated festivities. It was not unusual to find Jean with a festive sweatshirt or hat that acknowledged the celebration of the day. She was an avid reader and loved to spend summer days floating in her backyard pool with a book. Jean was a devoted mother to her three sons, a loyal employee, and a dear friend to QCAP Head Start children, families, and staff. She will be dearly missed.
QCAP honors State Street for their longstanding dedication to our community and to their leadership in providing economic and educational opportunities to all residents. State Street has been instrumental in the development of critical initiatives throughout QCAP’s history including our adult education and workforce development program, financial education and counseling services, and QCAP’s Rosemary and Archie Wahlberg Head Start Early Learning Center. After a 15-year search for a new Head Start site led QCAP to the former St. Joseph School, State Street was the first to lend its support to our capital campaign, with a $300,000 donation to help QCAP purchase the property from the Archdiocese of Boston. A supporter of innovation, State Street funded our Learning Links cyber café and QCAP’s Create Your Career Institute, the job readiness initiative that would evolve to the Greater Quincy Financial REACH Center. When reductions in public funding spurred QCAP to host an annual fundraiser, State Street again was one of the first major corporate sponsors to help us meet our fundraising goal and maintain critical services. State Street’s culture of giving back to the community is also evidenced by the multitude of employee volunteers who have given so generously of their time and talents to our organization. State Street was the very first recipient of QCAP’s Extra Mile Award in 1999, an award given to those who make a difference every day without expectation of recognition. As part of our 50th Anniversary, we are honored to recognize State Street for their exceptional partnership and leadership throughout QCAP’s history.

QCAP pays tribute to United Way for its enduring commitment to helping those in need. United Way has been a leader in providing economic and educational opportunities to all residents, particularly those less fortunate, which has been critical to helping lift families out of poverty and into financial stability. The support of United Way has been essential in our ability to provide a full continuum of services, from emergency assistance for basic needs like heat, housing, and food, to early education and care, adult education and workforce development, and most recently financial education and career coaching and placement through the Financial REACH Center. QCAP has been proud to be a United Way partner organization since 2007. During the winter of 2015, when record-breaking snowfalls were closing schools, interrupting public transportation, and causing families to miss out on work, United Way stepped up with additional support to help South Shore residents who lost wages. We are grateful to United Way for its commitment to partnership with QCAP and for its service to the Greater Quincy community.