Looking for a way to help our local community? Donations are welcome at the SWCFC!
Below are the items most often asked for by our clients:

- Diapers (sizes 5 & 6)
- Wipes
- Toilet paper
- Kleenex
- Paper towels
- Toothbrushes
- Toothpaste
- Razors
- Shave cream
- Lotions
- Shampoo
- Conditioner
- Bar soap
- Body wash
- Deodorant
- Laundry detergent
- Dish soap
- Sponges
- Cooking oils
- Salt/pepper
- Spices

For more information about how to donate, contact: 617.471.0796

Quincy Community Action Programs, Inc.
SOUTHWEST COMMUNITY FOOD CENTER
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